

# CONTENTS

## PART I INTRODUCTION TO PHYSIOLOGY: THE CELL AND GENERAL PHYSIOLOGY

### CHAPTER 1

<b>FUNCTIONAL ORGANIZATION OF THE HUMAN BODY AND CONTROL OF THE "INTERNAL ENVIRONMENT" .....</b>	<b>2</b>
Cells as the Living Units of the Body .....	2
The Extracellular Fluid—The Internal Environment .....	3
"Homeostatic" Mechanisms of the Major Functional Systems .....	3
Homeostasis .....	3
The Fluid Transport System .....	3
Origin of Nutrients in the Extracellular Fluid .....	4
Removal of Metabolic End-Products .....	5
Regulation of Body Functions.....	5
Reproduction .....	5
The Control Systems of the Body .....	5
Examples of Control Mechanisms .....	5
Characteristics of Control Systems .....	6
Automaticity of the Body .....	7
Appendix: Basic Physical Principles of Control Systems .....	7
Oscillation of Control Systems.....	11

### CHAPTER 2

<b>THE CELL AND ITS FUNCTION .....</b>	<b>12</b>
Organization of the Cell—Protoplasm.....	12
Physical Structure of the Cell .....	13
Membranes of the Cell.....	13
The Cytoplasm and Its Organelles .....	16
The Nucleus .....	18
Comparison of the Animal Cell with Precellular Forms of Life .....	19
Functional Systems of the Cell .....	19
Functions of the Endoplasmic Reticulum.....	19

Ingestion by the Cell— Pinocytosis .....	20
The Digestive Organ of the Cell —The Lysosomes.....	21
Extraction of Energy from Nutrients—Function of the Mitochondria .....	22
Cell Movement .....	24

### CHAPTER 3

<b>GENETIC CONTROL OF CELL FUNCTION—PROTEIN SYNTHESIS AND CELL REPRODUCTION .....</b>	<b>28</b>
The Genes .....	28
The Genetic Code.....	29
Ribonucleic Acid (RNA).....	30
Messenger RNA—the Process of Transcription .....	31
Transfer RNA.....	32
Ribosomal RNA.....	32
Formation of Proteins in the Ribosomes—The Process of Translation .....	32
Synthesis of Other Substances in the Cell .....	34
Control of Genetic Function and Biochemical Activity in Cells.....	34
Genetic Regulation.....	34
Control of Enzyme Activity.....	35
Cell Reproduction .....	36
Replication of the DNA .....	36
The Chromosomes and their Replication .....	36
Mitosis .....	37
Control of Cell Growth and Reproduction .....	37
Cancer .....	38
Cell Differentiation .....	38

## CHAPTER 4

**TRANSPORT THROUGH THE CELL**

<b>MEMBRANE.....</b>	<b>40</b>	Bulk Flow of Water Through Pores in Response to Hydrostatic and Osmotic Pressure Gradients.....	49
Diffusion.....	40	Active Transport.....	49
Kinetics of Diffusion—The Concentration Difference .....	41	Basic Mechanism of Active Transport.....	49
Diffusion Through the Cell Membrane .....	41	Transport Through Intracellular Membranes.....	51
Net Diffusion Through the Cell Membrane and Factors that Affect It .....	44	Active Transport Through Cellular Sheets.....	51
Net Movement of Water Across Cell Membranes—Osmosis Across Semipermeable Membranes.....	46	Active Transport of Specific Substances	51
Osmotic Pressure.....	46	Active Transport of Sodium, Potassium, and Other Electrolytes.....	51
		Active Transport of Sugars.....	52
		Active Transport of Amino Acids	53
		Pinocytosis and Phagocytosis .....	53

## PART II

### BLOOD CELLS, IMMUNITY, AND BLOOD CLOTTING

## CHAPTER 5

**RED BLOOD CELLS, ANEMIA, AND POLYCYTHEMIA.....**

<b>RED BLOOD CELLS, ANEMIA, AND POLYCYTHEMIA.....</b>	<b>56</b>
The Red Blood Cells.....	56
Production of Red Blood Cells.....	57
Formation of Hemoglobin .....	60
Iron Metabolism .....	61
Destruction of Red Blood Cells.....	63
The Anemias .....	64
Effects of Anemia on the Circulatory System .....	64
Polycythemia.....	65
Effect of Polycythemia on the Circulatory System .....	65

## CHAPTER 6

**RESISTANCE OF THE BODY TO INFECTION—THE RETICULOENDOTHELIAL SYSTEM, LEUKOCYTES, AND INFLAMMATION**

<b>RESISTANCE OF THE BODY TO INFECTION—THE RETICULOENDOTHELIAL SYSTEM, LEUKOCYTES, AND INFLAMMATION</b>	<b>67</b>
The Leukocytes (White Blood Cells) .....	67
General Characteristics of Leukocytes .....	67
Genesis of the Leukocytes .....	68
Life Span of the White Blood Cells	68
Properties of White Blood Cells...	69

The Reticuloendothelial System.....	70
The Reticuloendothelial Cells Derived from Monocytes.....	71
Inflammation and the Function of Leukocytes .....	72
The Process of Inflammation.....	72
The Macrophage Response in Chronic Inflammation .....	73
Neutrophilia Caused by Other Conditions Besides Inflammation.....	74
The Eosinophils .....	74
The Basophils.....	74
The Lymphocytes.....	75
Agranulocytosis .....	75
The Leukemias.....	75
Effects of Leukemia on the Body.	75

## CHAPTER 7

<b>IMMUNITY AND ALLERGY .....</b>	<b>77</b>
Innate Immunity.....	77
Acquired Immunity (or Adaptive Immunity).....	77
Two Basic Types of Acquired Immunity.....	77
Antigens.....	78

Role of Lymphoid Tissue in Acquired Immunity.....	78	Transplantation of Tissues and Organs..	96
Preprocessing of the "T" and "B" Lymphocytes.....	79	Attempts to Overcome the Antigen-Antibody Reactions in Transplanted Tissue.....	97
Mechanisms for Determining Specificity of Sensitized Lymphocytes and Antibodies—Lymphocyte Clones.....	79		
Tolerance of the Acquired Immunity System to One's Own Tissues—Role of the Thymus and the Bursa.....	80		
Specific Attributes of Humoral Immunity—The Antibodies.....	81		
Special Attributes of Cellular Immunity.....	83		
Vaccination.....	85		
Passive Immunity.....	85		
Interferon—Another Type of Acquired Immunity.....	85		
Allergy.....	85		
Allergies that Occur in Normal People.....	85		
Allergies in the "Allergic" Person	86		
CHAPTER 8			
<b>BLOOD GROUPS; TRANSFUSION; TISSUE AND ORGAN TRANSPLANTATION.....</b>	<b>88</b>		
Antigenicity and Immune Reactions of Blood.....	88		
O—A—B BLOOD GROUPS.....	88		
The A and B Antigens—The Agglutinogens.....	88		
The Agglutinins.....	89		
The Agglutination Process in Transfusion Reactions.....	90		
Blood Typing.....	90		
Cross-Matching.....	91		
The Rh-Hr Blood Types.....	91		
Rh Positive and Rh Negative Persons.....	92		
The Rh Immune Response.....	92		
Other Blood Factors.....	94		
Transfusion.....	94		
Transfusion Reactions Resulting from Mismatched Blood Groups.....	94		
Transfusion Reactions Occurring when Rh Factors are Mismatched.....	96		
Other Types of Transfusion Reactions.....	96		
		CHAPTER 9	
		<b>HEMOSTASIS AND BLOOD COAGULATION.....</b>	<b>99</b>
		Events in Hemostasis.....	99
		Vascular Spasm.....	99
		Formation of the Platelet Plug.....	99
		Clotting in the Ruptured Vessel... Fibrous Organization of the Blood Clot.....	100
		Mechanism of Blood Coagulation.....	100
		Conversion of Prothrombin to Thrombin	101
		Conversion of Fibrinogen to Fibrin—Formation of the Clot..	101
		The Vicious Cycle of Clot Formation.....	102
		Block of Clot Growth by Blood Flow.....	102
		Initiation of Coagulation: Formation of Prothrombin Activator.....	103
		Prevention of Blood Clotting in the Normal Vascular System —The Intravascular Anticoagulants.....	106
		Lysis of Blood Clots—Plasmin.....	106
		Conditions that Cause Excessive Bleeding in Human Beings.....	107
		Decreased Prothrombin, Factor VII, Factor IX, and Factor X— Vitamin K Deficiency.....	107
		Hemophilia.....	107
		Thrombocytopenia.....	108
		Thromboembolic Conditions in the Human Being.....	108
		Femoral Thrombosis and Massive Pulmonary Embolism.....	108
		Disseminated Intravascular Clotting.....	109
		Anticoagulants for Clinical Use.....	109
		Heparin as an Intravenous Anticoagulant.....	109
		Dicumarol as an Anticoagulant....	109
		Prevention of Blood Coagulation Outside the Body.....	109
		Blood Coagulation Tests.....	110
		Bleeding Time.....	110
		Clotting Time.....	110
		Prothrombin Time.....	110
		Other Tests Relating to Coagulation.....	110

## PART III

### NERVE AND MUSCLE

## CHAPTER 10

#### MEMBRANE POTENTIALS, ACTION POTENTIALS, EXCITATION, AND RHYTHMICITY..... 112

Basic Physics of Membrane Potentials... 112

Membrane Potentials Caused by Active Transport—The “Electrogenic Pump” ..... 112

Membrane Potentials Caused by Diffusion..... 113

Origin of the Cell Membrane Potential.. 114

The Action Potential..... 116

Membrane Permeability Changes for Sodium and Potassium During the Action Potential..... 117

Summary of the Events of the Action Potential..... 119

Some Experimental Methods That Have Been Used to Study the Action Potential..... 120

Propagation of the Action Potential ..... 120

“Recharging” the Fiber Membrane—Importance of Energy Metabolism..... 121

The Spike Potential and the After-Potentials..... 121

Plateau in the Action Potential... 122

Rhythmicity of Certain Excitable Tissues—Repetitive Discharge.. 123

Special Aspects of Impulse Transmission in Nerves ..... 123

Velocity of Conduction in Nerve Fibers..... 125

Excitation—The Process of Eliciting the Action Potential..... 125

Factors That Increase Membrane Excitability ..... 127

Inhibition of Excitability—“Stabilizers” and Local Anesthetics..... 127

Recording Membrane Potentials and Action Potentials..... 127

## CHAPTER 11

#### CONTRACTION OF SKELETAL MUSCLE ..... 130

Physiologic Anatomy of Skeletal Muscle The Skeletal Muscle Fiber..... 130

Molecular Mechanism of Muscle Contraction ..... 133

Molecular Characteristics of the Contractile Filaments ..... 133

Interaction of Myosin and Actin Filaments to Cause Contraction..... 135

Relationship Between Actin and Myosin Filament Overlap and Tension Developed by the Contracting Muscle ..... 136

Relation of Velocity of Contraction to Load..... 137

Initiation of Muscle Contraction: Excitation-Contraction Coupling..... 138

The Muscle Action Potential..... 138

Spread of the Action Potential Through the T-Tubule System . 138

Release of Calcium Ions by the Cisternae of the Sarcoplasmic Reticulum..... 139

The Source of Energy for Muscle Contraction ..... 140

Characteristics of a Single Muscle Twitch ..... 140

Contraction of Skeletal Muscle in the Body ..... 142

The Motor Unit ..... 142

Summation of Muscle Contraction..... 142

Skeletal Muscle Tone..... 144

Muscle Fatigue ..... 144

The Lever Systems of the Body .. 144

Special Features and Abnormalities of Skeletal Muscle Function ..... 145

Muscular Hypertrophy..... 145

Muscular Atrophy ..... 145

Rigor Mortis..... 145

Familial Periodic Paralysis..... 146

The Electromyogram..... 146

## CHAPTER 12

#### NEUROMUSCULAR TRANSMISSION; FUNCTION OF SMOOTH MUSCLE..... 148

Transmission of Impulses from Nerves to Skeletal Muscle Fibers:

The Neuromuscular Junction ..... 148

Myasthenia Gravis..... 150

Contraction of Smooth Muscle ..... 151

Types of Smooth Muscle ..... 151

The Contractile Process in Smooth Muscle ..... 152

Membrane Potentials and Action Potentials in Smooth Muscle .....	152	Gross Characteristics of Smooth Muscle Contraction .....	155
Excitation-Contraction Coupling —Role of Calcium Ions .....	154	Neuromuscular Junctions of Smooth Muscle .....	156

## PART IV THE HEART

## CHAPTER 13

<b>HEART MUSCLE; THE HEART AS A PUMP</b> .....	<b>160</b>
Physiology of Cardiac Muscle .....	160
Physiologic Anatomy of Cardiac Muscle .....	160
Action Potentials in Cardiac Muscle .....	161
Contraction of Cardiac Muscle .....	162
The Cardiac Cycle .....	163
Systole and Diastole .....	163
Relationship of the Electrocardiogram to the Cardiac Cycle .....	164
Function of the Atria as Pumps ...	164
Function of the Ventricles as Pumps .....	165
The Ventricular Volume Curve ...	166
Function of the Valves .....	166
The Aortic Pressure Curve .....	167
Relationship of the Heart Sounds to Heart Pumping .....	167
Stroke Volume Output of the Heart .....	167
Work Output of the Heart .....	167
Energy for Cardiac Contraction ...	168
Regulation of Cardiac Function .....	168
Intrinsic Autoregulation of Cardiac Pumping—The Frank-Starling Law of the Heart .....	168
Control of the Heart by Nerves ...	170
Effect of Heart Debility on Cardiac Function—The Hypoeffective Heart .....	172
Effect of Exercise on the Heart —The Hypereffective Heart .....	172
Effect of Various Ions on Heart Function .....	172
Effect of Temperature on the Heart .....	173
The Heart-Lung Preparation .....	173
Assessment of Contractility .....	174

## CHAPTER 14

<b>RHYTHMIC EXCITATION OF THE HEART</b> .....	<b>177</b>
The Special Excitatory and Conductive System of the Heart .....	177
The Sino-atrial Node .....	177
Internodal Pathways and Transmission of the Cardiac Impulse through the Atria .....	178
The Atrioventricular (A-V) Node and the Purkinje System .....	179
Transmission in the Purkinje System .....	180
Transmission of the Cardiac Impulse in the Ventricular Muscle .....	180
Summary of the Spread of Cardiac Impulse Through the Heart .....	180
Control of Excitation and Conduction in the Heart .....	181
The S-A Node as the Pacemaker of the Heart .....	181
Role of the Purkinje System in Causing Synchronous Contraction of the Ventricular Muscle .....	182
Function of the Purkinje System in Preventing Arrhythmias .....	182
Control of Heart Rhythmicity and Conduction by the Autonomic Nerves .....	183
Abnormal Rhythms of the Heart .....	184
Premature Contractions— Ectopic Foci .....	184
Heart Block .....	184
Flutter and Fibrillation .....	184
Cardiac Arrest .....	188

## CHAPTER 15

<b>THE NORMAL ELECTROCARDIOGRAM</b> .....	<b>190</b>
---	------------

Characteristics of the Normal			
Electrocardiogram .....	190	The Vectorcardiogram .....	202
Depolarization Waves versus		The Mean Electrical Axis of the	
Repolarization Waves.....	190	Ventricle.....	203
Relationship of Atrial and		Determining the Electrical Axis	
Ventricular Contraction to		from Standard Lead	
the Waves of the		Electrocardiograms .....	203
Electrocardiogram.....	191	Ventricular Conditions that	
Voltage and Time Calibration		Cause Axis Deviation .....	204
of the Electrocardiogram.....	192	Conditions that Cause Abnormal	
Methods for Recording		Voltages of the QRS Complex .....	206
Electrocardiograms .....	192	Increased Voltage in the	
The Pen Recorder.....	192	Standard Leads .....	206
Recording Electrocardiograms		Decreased Voltage in the	
with the Oscilloscope.....	193	Standard Leads .....	206
Flow of Current Around the Heart		Prolonged and Bizarre Patterns of	
During the Cardiac Cycle.....	193	the QRS Complex.....	207
Recording Electrical Potentials		Prolonged QRS Complex as a	
from a Partially Depolarized		Result of Cardiac	
Mass of Syncytial		Hypertrophy or Dilatation.....	207
Cardiac Muscle .....	193	Prolonged QRS Complex	
Flow of Electrical Currents		Resulting from Purkinje	
Around the Heart in the Chest .	193	System Blocks.....	207
Electrocardiographic Leads .....	194	Conditions Causing Bizarre	
The Three Standard Limb Leads..	194	QRS Complexes .....	207
Chest Leads (Precordial Leads) ...	195	Current of Injury .....	207
Augmented Unipolar Limb Leads	196	Effect of Current of Injury on	
		the QRS Complex .....	207
		The J Point—The Zero Reference	
		Potential of the	
		Electrocardiogram.....	208
		Coronary Ischemia as a Cause	
		of Current of Injury .....	209
		Abnormalities in the T Wave.....	211
		Effect of Slow Conduction of	
		the Depolarization Wave	
		on the T Wave .....	211
		Prolonged Action Potentials	
		(Prolonged Depolarization)	
		in Portions of the Ventricular	
		Muscle as a Cause of	
		Abnormalities in the T Wave ...	211
CHAPTER 16		CHAPTER 17	
<b>ELECTROCARDIOGRAPHIC</b>		<b>ELECTROCARDIOGRAPHIC</b>	
<b>INTERPRETATION IN CARDIAC</b>		<b>INTERPRETATION OF</b>	
<b>MYOPATHIES—VECTORIAL</b>		<b>CARDIAC ARRHYTHMIAS.....</b>	<b>213</b>
<b>ANALYSIS .....</b>	<b>197</b>	Abnormal Sinus Rhythms .....	213
Principles of Vectorial Analysis of		Tachycardia .....	213
Electrocardiograms.....	197	Bradycardia.....	213
Use of Vectors to Represent		Sinus Arrhythmia.....	214
Electrical Potentials.....	197	Abnormal Rhythms Resulting from	
Denoting the Direction of a		Block in Impulse Conduction.....	214
Vector in Terms of Degrees .....	198	Sino-atrial Block.....	214
“Axis” of Each of the Standard		Atrioventricular Block.....	214
and Unipolar Leads .....	198		
Vectorial Analysis of Potentials			
Recorded in Different Leads .....	199		
Vectorial Analysis of the Normal			
Electrocardiogram .....	200		
Vectors Occurring During			
Depolarization of the			
Ventricles—The QRS			
Complex .....	200		
The Electrocardiogram			
During Repolarization—			
the T Wave.....	200		
Depolarization of the Atria—			
the P Wave .....	202		

Incomplete Intraventricular Block—Electrical Alternans.....	216	Atrial Paroxysmal Tachycardia....	218
Premature Beats.....	216	Ventricular Paroxysmal Tachycardia.....	218
Atrial Premature Beats.....	216	Abnormal Rhythms Resulting from	
A-V Nodal or A-V Bundle Premature Beats.....	216	Circus Movements.....	218
Ventricular Premature Beats.....	217	Atrial Flutter.....	218
Paroxysmal Tachycardia.....	217	Atrial Fibrillation.....	219
		Ventricular Fibrillation.....	219

## PART V THE CIRCULATION

### CHAPTER 18

#### PHYSICS OF BLOOD, BLOOD FLOW, AND PRESSURE: HEMODYNAMICS .... 222

The Circulatory System as a "Circuit".....	222
The Physical Characteristics of Blood....	222
The Hematocrit.....	222
Plasma.....	224
Interrelationships Between Pressure, Flow, and Resistance.....	224
Blood Flow.....	225
Blood Pressure.....	228
Resistance to Blood Flow.....	229
Vascular Distensibility—Pressure-Volume Curves.....	232
Vascular Compliance (or Capacitance).....	232
Pressure-Volume Curves of the Arterial and Venous Circulations.....	233
"Circulatory Filling Pressure" and Pressure-Volume Curves of the Entire Circulatory System.....	233
The Circulatory Filling Pressure..	233
Pressure-Volume Curves of the Entire Circulation.....	234
Relationship Between Circulatory Filling Pressure, Systemic Filling Pressure, and Pulmonary Filling Pressure.....	234
Delayed Compliance (Stress-Relaxation) of Vessels.....	235

### CHAPTER 19

#### THE SYSTEMIC CIRCULATION..... 237

Physical Characteristics of the Systemic Circulation.....	237
Pressure Pulses in the Arteries.....	239
Factors That Affect the Pulse Pressure.....	239

Abnormal Pressure Pulse	
Contours.....	240
Transmission of the Pressure	
Pulse to the Periphery.....	240
The Radial Pulse.....	242
The Arterioles and Capillaries.....	242
Exchange of Fluid Through the Capillary Membrane.....	243
The Veins and Their Functions.....	243
Right Atrial Pressure and Its Relation to Venous Pressure.....	243
Venous Resistance and Peripheral Venous Pressure.....	244
Effect of Hydrostatic Pressure on Venous Pressure.....	245
Venous Valves and the "Venous Pump".....	246
Reference Point for Measuring Venous and Other Circulatory Pressures.....	246
Pressure Pulses in the Veins.....	247
Measurement of Venous Pressure	247
Blood Reservoir Function of the Veins.....	248
Assessments of Venous Function by Measurement of Circulatory Filling Pressure.....	248

### CHAPTER 20

#### LOCAL CONTROL OF BLOOD FLOW BY THE TISSUES; NERVOUS AND HUMORAL REGULATION..... 250

Local Control of Blood Flow by the Tissues Themselves.....	250
Special Types of Local Blood Flow Regulation.....	254
Long-Term Local Blood Flow Regulation	255
Collateral Circulation as a Phenomenon of Long-Term Local Blood Flow Regulation...	256

Significance of Long-Term Local Regulation—The Metabolic Mass to Tissue Vascularity Proportionality.....	256	Vasomotor Waves—Oscillation of the Pressure Reflex Control Systems.....	274
Nervous Regulation of the Circulation... The Autonomic Nervous System .	257	Respiratory Waves in the Arterial Pressure.....	275
“Patterns” of Circulatory Responses Elicited by Different Central Nervous System Centers .....	260	Hormonal Mechanisms for Rapid Control of Arterial Pressure.....	275
Reflex Regulation of the Circulation .....	261	The Norepinephrine-Epinephrine Vasoconstrictor Mechanism.....	275
Humoral Regulation of the Circulation..	261	The Renin-Angiotensin Vasoconstrictor Mechanism for Control of Arterial Pressure.....	275
Effects of Chemical Factors on Vascular Constriction.....	263	Role of Vasopressin in Rapid Control of Arterial Pressure.....	276
		Intermediate Mechanisms for Arterial Pressure Regulation.....	277

## CHAPTER 21

<b>REGULATION OF MEAN ARTERIAL PRESSURE: I. NERVOUS REFLEX AND HORMONAL MECHANISMS FOR RAPID PRESSURE CONTROL .....</b>	<b>265</b>
Normal Arterial Pressures .....	265
The Mean Arterial Pressure.....	266
Clinical Methods for Measuring Systolic and Diastolic Pressures .....	266
Relationship of Arterial Pressure to Cardiac Output and Total Peripheral Resistance.....	267
The Overall System for Arterial Pressure Regulation.....	267
Rapidly Acting Nervous Mechanisms for Arterial Pressure Control .....	268
The Arterial Baroreceptor Control System—Baroreceptor Reflexes .....	268
Atrial and Pulmonary Artery Reflexes That Help to Regulate Arterial Pressure .....	271
Control of Arterial Pressure by the Vasomotor Center in Response to Diminished Brain Blood Flow—The CNS Ischemic Response.....	272
Chemoreceptor Reflexes—Effect of Oxygen Lack on Arterial Pressure.....	273
Participation of the Veins in Nervous Regulation of the Circulation .....	273
Role of the Skeletal Nerves and Skeletal Muscles in Circulatory Control.....	274

## CHAPTER 22

<b>REGULATION OF ARTERIAL PRESSURE: II. THE RENAL-BODY FLUID SYSTEM FOR LONG-TERM PRESSURE CONTROL. MECHANISMS OF HYPERTENSION ....</b>	<b>279</b>
Short-Term versus Long-Term Pressure Control Mechanisms ..	279
The Renal-Body Fluid System for Arterial Pressure Control.....	280
Relationship of Arterial Pressure to Urinary Output—The Urinary Output Curve .....	282
Graphical Analysis of the Function of the Kidneys in Arterial Pressure Control .....	283
Role of Total Peripheral Resistance and Cardiac Output in the Long-Term Control of Arterial Pressure.....	284
Hypertension (High Blood Pressure).....	285
Some Characteristic Types of Hypertension.....	285
Volume-Loading Hypertension ....	285
Goldblatt Hypertension.....	287
Hypertension in Toxemia of Pregnancy.....	288
Neurogenic Hypertension.....	288
Hypertension Caused by Primary Aldosteronism.....	289
Essential Hypertension .....	289
Types of Kidney Disease that Cause Hypertension; Types that Cause Uremia.....	290
Effects of Hypertension on the Body .....	291



Appendix to Chapter 22: Systems Analysis of the Renal and Fluid Volume System for Arterial Pressure Control .....	291	Estimation of Cardiac Output by the Pulse Pressure Method .....	309
CHAPTER 23			
<b>CARDIAC OUTPUT, VENOUS RETURN, AND THEIR REGULATION.....</b>	<b>295</b>	CHAPTER 24	
Regulation of Cardiac Output .....	296	<b>THE PULMONARY CIRCULATION .....</b>	<b>311</b>
Primary Role of the Peripheral Circulation in the Control of Cardiac Output; Permissive Role of the Heart.....	296	Physiologic Anatomy of the Pulmonary Circulatory System.....	311
Role of Total Peripheral Resistance in Determining Normal Venous Return and Cardiac Output.....	297	Pressures in the Pulmonary System.....	312
Importance of Arterial Pressure Regulation as an Adjunct to Cardiac Output Control.....	299	The Pressure Pulse Curve in the Right Ventricle .....	312
Importance of the Systemic Filling Pressure in Cardiac Output Regulation .....	299	Pressures in the Pulmonary Artery .....	312
Regulation of Cardiac Output in Heavy Exercise, Requiring Simultaneous Peripheral and Cardiac Adjustments .....	300	Pulmonary Capillary Pressure.....	313
Cardiac Output in Abnormal Conditions.....	301	Left Atrial and Pulmonary Venous Pressure .....	313
Abnormalities Affecting Peripheral Control of Venous Return .....	301	The Blood Volume of the Lungs..	313
Decrease in Cardiac Output Caused by Cardiac Factors.....	301	Blood Flow Through the Lungs and Its Distribution .....	313
Graphical Analysis of Cardiac Output Regulation.....	302	Capillary Dynamics in the Lungs .....	315
Cardiac Output Curves .....	302	Pulmonary Capillary Pressure.....	315
Venous Return Curves .....	303	Length of Time Blood Stays in the Capillaries.....	315
Analysis of Cardiac Output and Right Atrial Pressure Using Cardiac Output and Venous Return Curves .....	305	Capillary Membrane Dynamics in the Lungs .....	315
Right Ventricular Output versus Left Ventricular Output—Balance Between the Ventricles .....	307	Effect of Increased Cardiac Output on the Pulmonary Circulation During Heavy Exercise.....	316
Methods for Measuring Cardiac Output.....	307	Function of the Pulmonary Circulation When the Left Atrial Pressure Rises as a Result of Left Heart Failure .....	317
Pulsatile Output of the Heart as Measured by an Electromagnetic or Ultrasonic Flowmeter.....	308	Pathologic Conditions That Obstruct Blood Flow Through the Lungs.....	318
Measurement of Cardiac Output by the Oxygen Fick Method ....	308	CHAPTER 25	
The Indicator Dilution Method....	308	<b>THE CORONARY CIRCULATION AND ISCHEMIC HEART DISEASE .....</b>	<b>320</b>
		Normal Coronary Blood Flow and Its Variations.....	320
		Physiologic Anatomy of the Coronary Blood Supply.....	320
		Normal Coronary Blood Flow .....	320
		Control of Coronary Blood Flow.....	322
		Local Metabolism as the Primary Controller of Coronary Flow.....	322
		Nervous Control of Coronary Blood Flow.....	323
		The Substrates of Cardiac Metabolism.....	324
		Ischemic Heart Disease.....	324
		Myocardial Infarction .....	325

Causes of Death Following Acute Coronary Occlusion.....	326	Valvular Lesions.....	348
The Stages of Recovery from Acute Myocardial Infarction.....	327	Abnormal Heart Sounds Caused by Valvular Lesions.....	348
Function of the Heart Following Recovery from Myocardial Infarction.....	328	Abnormal Circulatory Dynamics in Valvular Heart Disease.....	349
Pain in Coronary Disease .....	328	Dynamics of the Circulation in Aortic Stenosis and Aortic Regurgitation .....	349
Angina Pectoris .....	329	Dynamics of Mitral Stenosis and Mitral Regurgitation .....	351
Surgical Treatment of Coronary Disease.....	329	Circulatory Dynamics During Exercise in Patients with Valvular Lesions.....	351
Measurement of Coronary Blood Flow in Man .....	329	Abnormal Circulatory Dynamics in Congenital Heart Defects .....	351
CHAPTER 26		Patent Ductus Arteriosus—A Left-to-Right Shunt.....	352
<b>CARDIAC FAILURE.....</b>	<b>332</b>	Interventricular Septal Defect—A Left-to-Right Shunt.....	353
Dynamics of the Circulation in Cardiac Failure.....	332	Interatrial Septal Defects—A Left-to-Right Shunt.....	353
Acute Effects of Moderate Cardiac Failure .....	332	Tetralogy of Fallot—A Right-to-Left Shunt .....	354
The Chronic Stage of Failure .....	334	Pulmonary Stenosis .....	354
Summary of the Changes That Occur Following Acute Cardiac Failure—"Compensated Heart Failure" .....	335	Use of Extracorporeal Circulation in Cardiac Surgery.....	355
Dynamics of Severe Cardiac Failure—Decompensated Heart Failure .....	335	Hypertrophy of the Heart in Valvular and Congenital Heart Disease.....	355
Unilateral Cardiac Failure.....	336	CHAPTER 28	
Unilateral Left Heart Failure .....	337	<b>CIRCULATORY SHOCK AND PHYSIOLOGY OF ITS TREATMENT ....</b>	<b>357</b>
Unilateral Right Heart Failure.....	337	Physiological Causes of Shock.....	357
"High Cardiac Output Failure"—Overloading of the Heart .....	337	Shock Caused by Hypovolemia—Hemorrhagic Shock.....	358
Cardiogenic Shock.....	338	Relationship of Bleeding Volume to Cardiac Output and Arterial Pressure.....	358
Edema in Patients with Cardiac Failure. Acute Pulmonary Edema in Cardiac Failure .....	339	Nonprogressive and Progressive Hemorrhagic Shock.....	359
Decreased Myocardial Contractility in Chronic Heart Failure .....	340	Irreversible Shock .....	363
Physiological Classification of Cardiac Failure.....	340	Other Causes of Hypovolemic Shock.....	365
Cardiac Reserve.....	341	Neurogenic Shock—Increased Vascular Capacity .....	365
A Quantitative Graphical Method for Analysis of Cardiac Failure .....	341	Anaphylactic Shock.....	365
CHAPTER 27		Septic Shock.....	366
<b>HEART SOUNDS; DYNAMICS OF VALVULAR AND CONGENITAL HEART DEFECTS .....</b>	<b>345</b>	Traumatic Shock.....	367
The Heart Sounds .....	345	Effects of Shock on the Body.....	367
Normal Heart Sounds .....	345	Physiology of Treatment in Shock .....	367
Areas for Auscultation of Normal Heart Sounds .....	347	Replacement Therapy .....	367
The Phonocardiogram.....	347	Treatment of Shock with Sympathomimetic and Sympatholytic Drugs or Other Therapy .....	368
		Other Therapy .....	368

Circulatory Arrest .....	369	/ Regulation of Cerebral Circulation .....	373
Effect of Circulatory Arrest on the Brain.....	369	Measurement of Cerebral Blood Flow in the Human Being .....	375
CHAPTER 29		/ The Splanchnic Circulation .....	375
<b>MUSCLE BLOOD FLOW DURING EXERCISE; CEREBRAL, SPLANCHNIC, AND SKIN FLOOD FLOWS.....</b>	<b>370</b>	Blood Flow Through the Liver ...	375
Blood Flow Through Skeletal Muscles and Its Regulation in Exercise.....	370	Blood Flow Through the Intestinal Vessels.....	377
Rate of Blood Flow Through the Muscles .....	370	Portal Venous Pressure.....	377
Control of Blood Flow Through the Skeletal Muscles.....	371	✓ The Splenic Circulation.....	378
Circulatory Readjustments During Exercise .....	371	Circulation in the Skin.....	379
✓ The Cerebral Circulation .....	373	Physiologic Anatomy of the Cutaneous Circulation.....	379
Normal Rate of Cerebral Blood Flow.....	373	✓ Regulation of Blood Flow in the Skin .....	380
		Color of the Skin in Relation to Skin Temperature.....	381
		Physiology of Vascular Diseases of the Limbs.....	381
		Raynaud's Disease.....	381
		Buerger's Disease .....	382
		Peripheral Arteriosclerosis .....	382

## PART VI THE BODY FLUIDS AND KIDNEYS

## CHAPTER 30

<b>CAPILLARY DYNAMICS, AND EXCHANGE OF FLUID BETWEEN THE BLOOD AND INTERSTITIAL FLUID.....</b>	<b>386</b>
Structure of the Capillary System	386
Flow of Blood in the Capillaries—Vasomotion.....	387
Average Function of the Capillary System.....	387
Exchange of Nutrients and Other Substances Between the Blood and Interstitial Fluid.....	387
Diffusion Through the Capillary Membrane .....	387
Transport Through the Capillary Membrane by Pinocytosis.....	389
Distribution of Fluid Volume Between the Plasma and Interstitial Fluids.....	390
Capillary Pressure .....	390
Interstitial Fluid Pressure.....	392
Plasma Colloid Osmotic Pressure .....	392
Interstitial Fluid Colloid Osmotic Pressure .....	394
Exchange of Fluid Volume Through the Capillary Membrane .....	394
The Starling Equilibrium of Capillary Exchange.....	395

## CHAPTER 31

<b>THE LYMPHATIC SYSTEM, INTERSTITIAL FLUID DYNAMICS, EDEMA, AND PULMONARY FLUID.....</b>	<b>397</b>
The Lymphatic System.....	397
The Lymph Channels of the Body	397
Formation of Lymph.....	398
Total Rate of Lymph Flow.....	398
Control of Interstitial Fluid Protein Concentration and Interstitial Fluid Pressure.....	401
Regulation of Interstitial Fluid Protein by Lymphatic Pumping.....	401
Mechanism of Negative Interstitial Fluid Pressure .....	401
Edema .....	403
Pressure-Volume Curve of the Interstitial Fluid Spaces.....	403
Positive Interstitial Fluid Pressure as the Physical Basis for Edema .....	404
The Concept of a "Safety Factor" Before Edema Develops.....	404
Edema Resulting from Abnormal Capillary Dynamics .....	405
Edema Caused by Kidney Retention of Fluid .....	407

The Presence and Importance of Gel  
in the Interstitial Spaces ..... 407

Relationship of Interstitial Fluid  
Pressure to *Solid Tissue*  
*Pressure* and *Total*  
*Tissuc Pressure*..... 408

Pulmonary Interstitial Fluid Dynamics.. 410

Pulmonary Edema..... 412

CHAPTER 32

**THE SPECIAL FLUID SYSTEMS OF  
THE BODY—CEREBROSPINAL,  
OCULAR, PLEURAL, PERICARDIAL,  
PERITONEAL, AND SYNOVIAL..... 414**

The Cerebrospinal Fluid System ..... 414

Cushioning Function of the  
Cerebrospinal Fluid..... 414

Formation of Cerebrospinal  
Fluid ..... 415

Absorption of Cerebrospinal  
Fluid—The Arachnoidal Villi... 416

Flow of Fluid in the  
Cerebrospinal Fluid System..... 416

Cerebrospinal Fluid Pressure ..... 416

Obstruction to the Flow of  
Cerebrospinal Fluid..... 417

The Blood-Cerebrospinal Fluid  
and Blood-Brain Barriers ..... 418

The Intraocular Fluid ..... 418

Formation of Aqueous Humor  
by the Ciliary Body ..... 418

Diffusion into Intraocular Fluid  
from Other Structures  
of the Eye ..... 419

Outflow of Aqueous Humor  
from the Eye..... 419

Intraocular Pressure ..... 420

Fluid Circulation in the Potential  
Spaces of the Body..... 421

Fluid Exchange Between the  
Capillaries and the Potential  
Spaces..... 421

The Pleural Cavity ..... 421

The Pericardial Cavity ..... 422

The Peritoneal Cavity ..... 422

The Synovial Cavities..... 422

CHAPTER 33

**PARTITION OF THE BODY FLUIDS:  
OSMOTIC EQUILIBRIA BETWEEN  
EXTRACELLULAR AND  
INTRACELLULAR FLUIDS ..... 424**

Total Body Water ..... 424

Intake versus Output of Water .... 424

Body Fluid Compartments ..... 425

The Intracellular Compartment... 425

The Extracellular Fluid  
Compartment ..... 425

Measurement of Body Fluid Volumes... 427

The Dilution Principle for  
Measuring Fluid Volumes ..... 427

Determination of Blood Volume.. 427

Measurement of the Extracellular  
Fluid Volume..... 429

Measurement of Total Body  
Water ..... 429

Calculation of Interstitial Fluid  
Volume..... 429

Constituents of Extracellular and  
Intracellular Fluids..... 430

Osmotic Equilibria and Fluid Shifts  
Between the Extracellular and  
Intracellular Fluids..... 431

Basic Principles of Osmosis and  
Osmotic Pressure..... 431

Osmolality of the Body Fluids.... 432

Maintenance of Osmotic  
Equilibrium Between  
Extracellular and Intracellular  
Fluids ..... 433

Changes in the Volumes and  
Osmolalities of the Extracellular  
and Intracellular Fluid  
Compartments in Abnormal  
States ..... 434

Calculation of Fluid Shifts  
Between the Extracellular  
and Intracellular  
Fluid Compartments..... 434

Effect of Adding Water to the  
Extracellular Fluid..... 434

Effect of Dehydration ..... 435

Effect of Adding Saline Solution  
to the Extracellular Fluid..... 435

Effect of Infusing Hypertonic  
Glucose, Mannitol, or Sucrose  
Solutions ..... 435

Glucose and Other Solutions  
Administered for Nutritive  
Purposes ..... 436

Solutions Used for Physiologic and  
Clinical Replacement Purposes..... 436

CHAPTER 34

**FORMATION OF URINE BY THE  
KIDNEY: GLOMERULAR  
FILTRATION, TUBULAR FUNCTION,  
AND PLASMA CLEARANCE..... 438**

Physiologic Anatomy of the  
Kidney..... 438

Basic Theory of Nephron  
 Function ..... 439

Renal Blood Flow and Pressures ..... 440

Blood Flow Through the  
 Kidneys ..... 440

Pressures in the Renal  
 Circulation ..... 441

Intrarenal Pressure and Renal  
 Interstitial Fluid Pressure ..... 441

Function of the Peritubular  
 Capillaries ..... 442

Glomerular Filtration and the  
 Glomerular Filtrate ..... 442

The Glomerular Filtration Rate .... 443

Dynamics of Glomerular  
 Filtration ..... 443

Factors That Affect the Glomerular  
 Filtration Rate ..... 444

Reabsorption and Secretion in the  
 Tubules ..... 445

Basic Mechanisms of Absorption  
 and Secretion in the Tubules ... 445

Absorptive Capabilities of  
 Different Tubule Segments ..... 447

Reabsorption and Secretion of  
 Individual Substances in  
 Different Segments  
 of the Tubules ..... 448

Concentration of Different  
 Substances at Different Points  
 in the Tubules ..... 451

The Concept of "Plasma Clearance" ..... 453

Inulin Clearance as a Measure of  
 Glomerular Filtration Rate ..... 453

Para-aminohippuric Acid (PAH)  
 Clearance as a Measure of  
 Plasma Flow and Blood  
 Flow Through the Kidneys ..... 453

Calculating the Filtration  
 Fraction from Plasma  
 Clearances ..... 454

Effect of "Tubular Load" and "Transfer  
 Maximum" on Urine Constituents ..... 454

Determination of the Transfer  
 Maximum ..... 455

CHAPTER 35

**RENAL MECHANISMS FOR  
 CONCENTRATING AND DILUTING  
 THE URINE; UREA, SODIUM,  
 POTASSIUM, AND FLUID  
 VOLUME EXCRETION..... 456**

Concentrating and Diluting Mechanism  
 of the Kidney—The Counter-Current  
 Mechanism..... 456

Excretion of a Dilute Urine ..... 458

Mechanism for Excreting a  
 Concentrated Urine ..... 458

Osmolar Clearance; Free Water  
 Clearance..... 460

Urea Excretion..... 461

Sodium Excretion ..... 461

Potassium Excretion ..... 462

Fluid Volume Excretion ..... 463

1. Effect of Tubular Osmolar  
 Clearance on Rate of Fluid  
 Volume Excretion ..... 464
2. Effect of Plasma Colloid  
 Osmotic Pressure on Rate  
 of Fluid Volume Excretion .... 465
3. Effect of Sympathetic  
 Stimulation on Rate of Fluid  
 Volume Excretion ..... 465
4. Effect of Arterial Pressure  
 on Rate of Fluid  
 Volume Excretion ..... 466
5. Effect of Antidiuretic  
 Hormone on Rate of Fluid  
 Volume Excretion ..... 467

Summary of the Control of Fluid  
 Volume Excretion..... 467

Autoregulation of Renal Blood Flow  
 and of Glomerular Filtration Rate ..... 468

Intrarenal Function of the Renin-  
 Angiotensin System ..... 469

CHAPTER 36

**REGULATION OF BLOOD VOLUME,  
 EXTRACELLULAR FLUID VOLUME,  
 AND EXTRACELLULAR FLUID  
 COMPOSITION BY THE  
 KIDNEYS AND BY THE  
 THIRST MECHANISM..... 472**

Control of Blood Volume ..... 472

Basic Mechanism for Blood  
 Volume Control ..... 473

Role of the Volume Receptors in  
 Blood Volume Control ..... 474

Other Factors that Help to  
 Control Blood Volume ..... 474

Control of Extracellular Fluid Volume... 475

Control of Extracellular Fluid Sodium  
 Concentration and Extracellular  
 Fluid Osmolality ..... 476

The Osmo-sodium Receptor-  
 Antidiuretic Hormone  
 Feedback Control System..... 476

Thirst, and Its Role in Controlling  
 Sodium Concentration and  
 Osmolality..... 478

Combined Roles of the Antidiuretic and Thirst Mechanisms for Control of Extracellular Fluid Sodium Concentration and Osmolality.. 480

Effect of Aldosterone on Sodium Concentration..... 480

Control of Sodium Intake—Appetite and Craving for Salt..... 481

Control of Extracellular Potassium Concentration—Role of Aldosterone..... 481

Effect of Potassium Ion Concentration on Rate of Aldosterone Secretion ..... 482

Basic Mechanism for Aldosterone Control of Potassium Concentration..... 482

Other Factors That Affect Potassium Ion Concentration..... 483

Other Factors That Control the Rate of Aldosterone Secretion ..... 483

Control of the Extracellular Concentrations of Other Ions ..... 483

CHAPTER 37

**REGULATION OF ACID–BASE BALANCE..... 485**

Defense Against Changes in Hydrogen Ion Concentration .... 485

Function of Acid–Base Buffers ..... 486

The Bicarbonate Buffer System.... 486

The Buffer Systems of the Body Fluids ..... 488

The Isohydric Principle ..... 489

Respiratory Regulation of Acid–Base Balance..... 489

Effect of Hydrogen Ion Concentration on Alveolar Ventilation..... 490

Renal Regulation of Hydrogen Ion Concentration ..... 491

Tubular Secretion of Hydrogen Ions..... 491

Renal Correction of Alkalosis—Decrease in Bicarbonate Ions in the Extracellular Fluid..... 493

Renal Correction of Acidosis—Increase in Bicarbonate Ions in the Extracellular Fluid ..... 494

Combination of the Excess Hydrogen Ions with Tubular Buffers and Their Transport into the Urine..... 494

Rapidity of Acid–Base Regulation by the Kidneys..... 495

Renal Regulation of Plasma Chloride Concentration—The Chloride to Bicarbonate Ratio..... 496

Clinical Abnormalities of Acid–Base Balance..... 496

Respiratory Acidosis and Alkalosis..... 496

Metabolic Acidosis and Alkalosis..... 497

Effects of Acidosis and Alkalosis on the Body..... 498

Respiratory Compensation of Metabolic Acidosis or Alkalosis..... 498

Renal Compensation of Respiratory Acidosis or Alkalosis..... 498

Physiology of Treatment in Acidosis or Alkalosis ..... 498

Clinical Measurements for Study of Acid–Base Abnormalities .... 499

CHAPTER 38

**MICTURITION, RENAL DISEASE, AND DIURESIS..... 501**

Micturition ..... 501

Physiologic Anatomy of the Bladder and Its Nervous Connections ..... 501

Transport of Urine Through the Ureters ..... 501

Tonus of the Bladder, and the Cystometrogram During Bladder Filling..... 502

The Micturition Reflex..... 502

Abnormalities of Micturition ..... 503

Renal Disease ..... 504

Acute Renal Failure ..... 504

Chronic Renal Failure—Decrease in Number of Functional Nephrons..... 505

Hypertensive Kidney Disease..... 509

The Nephrotic Syndrome—Increased Glomerular Permeability ..... 509

Specific Tubular Disorders ..... 510

Renal Function Tests ..... 511

Diuretics and Mechanisms of Their  
 Actions ..... 512  
 Diuretics That Increase  
 Glomerular Filtration ..... 512

Diuretics That Increase the  
 Tubular Osmotic Load ..... 512  
 Diuretics That Inhibit the  
 Secretion of Antidiuretic  
 Hormone..... 513

**PART VII  
 RESPIRATION**

CHAPTER 39

**PULMONARY VENTILATION** ..... 516  
 Mechanics of Respiration ..... 516  
     Basic Mechanisms of Lung  
         Expansion and Contraction..... 516  
     The Muscles of Inspiration and  
         Expiration..... 517  
     Respiratory Pressures..... 517  
     Expansibility of the Lungs and  
         Thorax: "Compliance" ..... 519  
     The "Work" of Breathing ..... 520  
 The Pulmonary Volumes and  
     Capacities..... 521  
         The Pulmonary "Volumes" ..... 521  
         The Pulmonary "Capacities"..... 521  
     Significance of the Pulmonary  
         Volumes and Capacities..... 522  
     Measurement of Pulmonary  
         Volumes and Capacities..... 522  
 The Minute Respiratory Volume—  
     Respiratory Rate and Tidal Volume... 523  
 Ventilation of the Alveoli..... 524  
     The Dead Space..... 524  
     Rate of Alveolar Ventilation..... 525  
 Functions of the Respiratory  
     Passageways..... 525  
         Functions of the Nose..... 525  
         The Cough Reflex..... 526  
         The Sneeze Reflex..... 527  
         Action of the Cilia to Clear  
             Respiratory Passageways..... 527  
         Vocalization..... 527  
 Artificial Respiration ..... 528  
     Mouth-to-Mouth Breathing..... 528  
     Mechanical Methods of Artificial  
         Respiration ..... 528

The Vapor Pressure of Water ..... 531  
 The Solution of Gases in Water  
     (Henry's Law)..... 531  
 Pressure of Dissolved Gases ..... 532  
 Partial Pressures ..... 532  
 Diffusion of Gases Through  
     Liquids ..... 533  
     Diffusion of Gases Through  
         Tissues..... 534  
 Composition of Alveolar Air..... 534  
     Rate at which Alveolar Air Is  
         Renewed by Atmospheric Air .. 535  
     Oxygen Concentration in the  
         Alveoli..... 535  
     CO<sub>2</sub> Concentration in the  
         Alveoli..... 536  
     Expired Air..... 536  
 Diffusion of Gases Through the  
     Respiratory Membrane..... 537  
     Factors Affecting Gaseous  
         Diffusion Through the  
             Respiratory Membrane ..... 539  
     Diffusing Capacity of the  
         Respiratory Membrane ..... 540  
     Diffusion of Gases within the  
         Respiratory Unit ..... 541

CHAPTER 41

**TRANSPORT OF OXYGEN AND  
 CARBON DIOXIDE IN THE BLOOD  
 AND BODY FLUIDS** ..... 543  
 Pressure Differences of Oxygen and  
     Carbon Dioxide from the Lungs  
     to the Tissues..... 543  
     Uptake of Oxygen by the  
         Pulmonary Blood..... 544  
     Diffusion of Oxygen from the  
         Capillaries to the Cells ..... 545  
     Diffusion of Oxygen from the  
         Interstitial Fluids into the  
         Cells..... 545  
     Diffusion of Carbon Dioxide  
         from the Cells to the  
         Tissue Capillaries ..... 546

CHAPTER 40

**PHYSICAL PRINCIPLES OF GASEOUS  
 EXCHANGE: DIFFUSION OF OXYGEN  
 AND CARBON DIOXIDE THROUGH  
 THE RESPIRATORY MEMBRANE** ..... 530  
 The Physics of Gases ..... 530

Removal of Carbon Dioxide from the Pulmonary Blood .....	546	Composite Effects of $P_{CO_2}$ , pH and $P_{O_2}$ on Respiratory Activity.....	563
Transport of Oxygen in the blood .....	547	Basic Mechanisms of Humoral Stimulation of the Respiratory Center.....	564
The Reversible Combination of Oxygen with Hemoglobin.....	547	The Chemoreceptor System for Control of Respiratory Activity—Role of Oxygen in Respiratory Control.....	566
The Oxygen Buffer Function of Hemoglobin.....	548	Regulation of Respiration During Exercise .....	567
Factors that Cause the Hemoglobin Dissociation Curve to Shift.....	549	Abnormalities of Respiratory Control.....	569
Total Rate of Oxygen Transport from the Lungs to the Tissues..	550	Respiratory Depression.....	569
Metabolic use of Oxygen by the Cells.....	550	Periodic Breathing .....	569
Transport of Oxygen in the Dissolved State .....	552	CHAPTER 43	
Combination of Hemoglobin with Carbon Monoxide .....	553	<b>RESPIRATORY INSUFFICIENCY .....</b>	<b>572</b>
Transport of Carbon Dioxide in the Blood.....	553	Methods for Studying Respiratory Abnormalities .....	572
Chemical Forms in which Carbon Dioxide Is Transported.....	553	Study of Respiratory Ventilation .	572
The Carbon Dioxide Dissociation Curve .....	554	Study of Blood Gas Concentrations .....	573
Effect of the Oxygen–Hemoglobin Reaction on Carbon Dioxide Transport—The Haldane Effect .....	555	Physiologic Types of Respiratory Insufficiency .....	574
Change in Blood Acidity During Carbon Dioxide Transport.....	555	Abnormalities That Cause Alveolar Hypoventilation.....	574
Release of Carbon Dioxide in the Lungs.....	556	Diseases That Decrease Pulmonary Diffusing Capacity.....	575
The Respiratory Exchange Ratio.....	556	Abnormalities of Oxygen Transport from the Lungs to the Tissues .....	575
CHAPTER 42		Physiologic Peculiarities of Specific Pulmonary Abnormalities.....	576
<b>REGULATION OF RESPIRATION.....</b>	<b>557</b>	Chronic Emphysema.....	576
The Respiratory Center.....	557	Pneumonia.....	577
Humoral Regulation of Respiration.....	560	Atelectasis.....	577
Quantitative Effects of Carbon Dioxide, Hydrogen Ion, and Oxygen Concentrations on Alveolar Ventilation .....	560	Bronchial Asthma .....	578
Carbon Dioxide, the Major Chemical Factor Regulating Alveolar Ventilation.....	561	Tuberculosis .....	578
Control of Alveolar Ventilation by the Hydrogen Ion Concentration of the Extracellular Fluids.....	562	Pulmonary Edema .....	579
Control of Alveolar Ventilation by Arterial Oxygen Saturation.....	562	Hypoxia .....	579
		Cyanosis.....	579
		Dyspnea .....	580
		Hypercapnia .....	580
		Effects of Hypercapnia on the Body .....	581
		Oxygen Therapy in the Different Types of Hypoxia .....	581
		Danger of Hypercapnia During Oxygen Therapy .....	582
		Absorption of Entrapped Air .....	582



## PART VIII AVIATION, SPACE, AND DEEP SEA DIVING PHYSIOLOGY

CHAPTER 44		Effects of Linear Acceleratory Forces on the Body..... 593
<b>AVIATION, HIGH ALTITUDE, AND SPACE PHYSIOLOGY..... 586</b>		Perceptions of Equilibrium and Turning in Blind Flying ..... 594
Effects of Low Oxygen Pressure on the Body ..... 586		Problems of Temperature in Aviation and Space Physiology..... 594
Alveolar $PO_2$ at Different Elevations..... 586		Radiation at High Altitudes and in Space ..... 595
Effect of Breathing Pure Oxygen on the Alveolar $PO_2$ at Different Altitudes..... 587		"Artificial Climate" in the Sealed Spacecraft..... 596
The "Ceiling" when Breathing Air and when Breathing Oxygen in an Unpressurized Airplane ..... 588		Weightlessness in Space ..... 596
Effects of Hypoxia..... 588		
Acclimatization to Low $PO_2$ ..... 589		
Natural Acclimatization of Natives Living at High Altitudes ..... 590		
Work Capacity at High Altitudes; the Effect of Acclimatization ..... 590		
Chronic Mountain Sickness ..... 590		
Decompression Effects at High Altitudes 591		
Effects of Acceleratory Forces on the Body in Aviation and Space Physiology ..... 591		
Centrifugal Acceleratory Forces... 591		
	CHAPTER 45	
	<b>PHYSIOLOGY OF DEEP SEA DIVING AND OTHER HIGH PRESSURE OPERATIONS ..... 598</b>	
	Effect of High Partial Pressures of Gases on the Body..... 598	
	Decompression of the Diver after Exposure to High Pressures..... 600	
	Some Physical Problems of Diving..... 603	
	Scuba Diving (Self-Contained Underwater Breathing Apparatus) ..... 604	
	Special Physiological Problems of Submarines..... 605	
	Drowning..... 606	

## PART IX THE NERVOUS SYSTEM

CHAPTER 46		Comparison of the Nervous System with an Electronic Computer ..... 613
<b>ORGANIZATION OF THE NERVOUS SYSTEM; BASIC FUNCTIONS OF SYNAPSES ..... 608</b>		Function of Neuronal Synapses..... 613
General Design of the Nervous System.. 608		Physiologic Anatomy of the Synapse ..... 613
The Sensory Division—Sensory Receptors..... 608		Chemical Natures of the Transmitter Substances ..... 615
The Motor Division—The Effectors..... 608		Electrical Events During Neuronal Excitation..... 616
Processing of Information..... 609		Electrical Events in Neuronal Inhibition ..... 618
Storage of Information—Memory. 610		Summation of Postsynaptic Potentials..... 620
The Three Major Levels of Nervous System Function..... 610		Special Functions of Dendrites in Exciting Neurons ..... 621
The Spinal Cord Level..... 610		Relation of State of Excitation of the Neuron to the Rate of Firing..... 622
The Lower Brain Level ..... 611		
The Higher Brain or Cortical Level..... 612		

Some Special Characteristics of Synaptic Transmission.....	624	Psychic Interpretation of Stimulus Strength.....	645
		Judgment of Stimulus Strength....	646
		Physiological Classification of Nerve Fibers.....	647
CHAPTER 47		CHAPTER 49	
<b>TRANSMISSION AND PROCESSING OF INFORMATION IN THE NERVOUS SYSTEM.....</b>	<b>626</b>	<b>SOMATIC SENSATIONS: I. THE MECHANORECEPTIVE SENSATIONS..</b>	<b>649</b>
Information, Signals, and Impulses.....	626	Classification of Somatic Sensations .....	649
Transmission of Signals in Nerve Tracts	626	Detection and Transmission of Tactile Sensations .....	649
Signal Strength.....	626	Detection of Vibration.....	650
Detection of a Signal at the Terminus of the Nerve Pathway.....	627	Possibility of a "Muscle Sense"...	651
Spatial Orientation of Signals in Fiber Tracts .....	628	Kinesthetic Sensations.....	651
Transmission and Processing of Signals in Neuronal Pools.....	628	The Dual System for Transmission of Mechanoreceptive Somatic Sensations in the Central Nervous System.....	652
Transmission of Spatial Patterns Through Successive Neuronal Pools.....	632	Transmission in the Dorsal Column System.....	652
Prolongation of a Signal by a Neuronal Pool—		Anatomy of the Dorsal Column Pathway.....	653
"After-Discharge".....	634	The Somesthetic Cortex.....	654
Continuous Signal Output from Neuronal Pools .....	635	Somatic Association Areas.....	656
Rhythmic Signal Output.....	636	Characteristics of Transmission in the Dorsal Column Pathway.	656
Instability and Stability of Neuronal Circuits.....	636	Processing of Information in the Dorsal Column System.....	658
Inhibitory Circuits as a Mechanism for Stabilizing Nervous System Function.....	637	Transmission in the Spinothalamic System.....	658
Decremental Conduction Through Synapses as a Means for Stabilizing the Nervous System (Habituation, Fatigue)..	637	The Spinothalamic Pathway .....	658
Alerting Signals ("Differential" Signals).....	638	Some Special Aspects of Sensory Function.....	660
CHAPTER 48		CHAPTER 50	
<b>SENSORY RECEPTORS AND THEIR BASIC MECHANISMS OF ACTION .....</b>	<b>640</b>	<b>SOMATIC SENSATIONS: II. PAIN, VISCERAL PAIN, HEADACHE, AND THERMAL SENSATIONS.....</b>	<b>662</b>
Types of Sensory Receptors and the Sensory Stimuli They Detect.....	640	Qualities of Pain.....	662
Differential Sensitivity of Receptors.....	641	Methods for Measuring the Perception of Pain .....	662
Transduction of Sensory Stimuli into Nerve Impulses.....	642	The Pain Receptors and Their Stimulation .....	663
Local Currents at Nerve Endings—Receptor Potentials...	642	Rate of Tissue Damage as the Cause of Pain .....	664
Adaptation of Receptors .....	644	Tickling and Itch.....	665
		Transmission of Pain Signals into the Central Nervous System.....	665
		The Reaction to Pain .....	667
		The "Gating" Theory for Control of the Reaction to Pain.....	667

Referred Pain.....	668	The Reflexes of Posture and Locomotion	690
Referred Pain Caused by Reflex		The Postural and Locomotive	
Muscular Spasm.....	668	Reflexes of the Cord.....	690
Visceral Pain.....	668	The Scratch Reflex.....	691
Causes of True Visceral Pain.....	669	The Spinal Cord Reflexes that Cause	
"Parietal" Pain Caused by		Muscle Spasm.....	691
Visceral Damage.....	669	The Autonomic Reflexes in the Spinal	
Insensitive Viscera.....	669	Cord.....	692
Localization of Visceral Pain—		Spinal Cord Transection and Spinal	
Referred Visceral Pain.....	670	Shock.....	692
Visceral Pain from Various			
Organs.....	671		
Some Clinical Abnormalities of Pain		CHAPTER 52	
and Other Sensations.....	672	<b>MOTOR FUNCTIONS OF THE BRAIN</b>	
Hyperalgesia.....	672	<b>STEM AND BASAL GANGLIA—</b>	
The Thalamic Syndrome.....	672	<b>RETICULAR FORMATION,</b>	
Herpes Zoster.....	672	<b>VESTIBULAR APPARATUS,</b>	
Tic Douloureux.....	672	<b>EQUILIBRIUM, AND BRAIN STEM</b>	
The Brown-Séquard Syndrome....	673	<b>REFLEXES.....</b>	<b>694</b>
Headache.....	673	The Reticular Formation, and Support	
Headache of Intracranial Origin...	673	of the Body Against Gravity.....	694
Extracranial Types of Headache...	674	Excitatory Function of the	
Thermal Sensations.....	675	Reticular Formation—The	
Thermal Receptors and Their		Bulboreticular Facilitatory	
Excitation.....	675	Area.....	695
Transmission of Thermal Signals		Inhibitory Function of the Lower	
in the Nervous System.....	676	Reticular Formation—The	
		Bulboreticular Inhibitory Area .	695
		Support of the Body Against	
		Gravity.....	696
CHAPTER 51		Vestibular Sensations and the	
<b>MOTOR FUNCTIONS OF THE SPINAL</b>		Maintenance of Equilibrium.....	696
<b>CORD AND THE CORD REFLEXES.....</b>	<b>678</b>	The Vestibular Apparatus.....	696
Organization of the Spinal Cord		Function of the Utricle and the	
for Motor Functions.....	678	Saccule in the Maintenance of	
Role of the Muscle Spindle in Motor		Static Equilibrium.....	698
Control.....	680	The Semicircular Canals and	
Receptor Function of the Muscle		Their Detection of Angular	
Spindle.....	680	Acceleration and	
The Muscle Spindle Reflex (also		Angular Velocity.....	698
called Stretch Reflex or		Vestibular Reflexes.....	700
Myotatic Reflex).....	682	Vestibular Mechanism for	
Function of the Static Muscle		Stabilizing the Eyes and	
Spindle Reflex to Nullify		for Nystagmus.....	700
Changes in Load During		Clinical Tests for Integrity of	
Muscle Contraction.....	683	Vestibular Function.....	701
Role of the Muscle Spindle in		Other Factors Concerned with	
Voluntary Motor Activity.....	684	Equilibrium.....	701
Clinical Applications of the		Functions of the Reticular Formation	
Stretch Reflex.....	685	and Specific Brain Stem Nuclei in	
The Tendon Reflex.....	686	Controlling Subconscious,	
The Flexor Reflex.....	687	Stereotyped Movements.....	702
The Crossed Extensor Reflex.....	688	Motor Functions of the Basal Ganglia....	703
Reciprocal Innervation.....	689	Functions of the Different Basal	
Fatigue (Decrement) of Reflexes;		Ganglia.....	704
Rebound.....	689		

Clinical Syndromes Resulting from Damage to the Basal Ganglia .....	705	Effect of Different Muscular Loads on the Performance of Skilled Motor Activities.....	727
Functions of the Cerebral Cortex in Posture and Locomotion—Purposefulness of Locomotion .....	706	Initiation of Voluntary Motor Activity...	727
Summary of the Different Functions of the Central Nervous System in Posture and Locomotion .....	707	CHAPTER 54	
Function of the Cord and Brain Stem Reflexes in Man .....	708	<b>ACTIVATION OF THE BRAIN—THE RETICULAR ACTIVATING SYSTEM; THE DIFFUSE THALAMOCORTICAL SYSTEM; BRAIN WAVES; EPILEPSY; WAKEFULNESS AND SLEEP .....</b>	<b>729</b>
CHAPTER 53		Function of the Reticular Activating System in Wakefulness .....	729
<b>CORTICAL AND CEREBELLAR CONTROL OF MOTOR FUNCTIONS....</b>	<b>710</b>	The Arousal Reaction—Sensory Activation of the Reticular Activating System .....	731
Physiologic Anatomy of the Motor Areas of the Cortex and Their Pathways to the Cord.....	710	Stimulation of the Reticular Activating System by the Cerebral Cortex .....	731
The Four Motor Areas of the Sensorimotor Cortex.....	712	The Diffuse Thalamocortical System.....	731
The Primary Motor Cortex of the Human Being.....	712	Attention.....	733
Complex Movements Elicited by Stimulating the Cortex Anterior to the Motor Cortex—The Concept of a “Premotor Cortex” .....	714	Possible “Scanning” and “Programming” Functions of the Brain’s Activating System ..	733
Effects of Lesions in the Motor and Premotor Cortex .....	715	Effect of Barbiturate Anesthesia on the Reticular Activating System .....	734
Stimulation of the Spinal Motoneurons by Motor Signals from the Brain.....	716	Brain Waves .....	734
The Cerebellum and Its Motor Functions	717	Origin of the Different Types of Brain Waves .....	735
The Input System to the Cerebellum .....	717	Effect of Varying Degrees of Cerebral Activity on the Basic Rhythm of the Electroencephalogram.....	735
Output Signals from the Cerebellum.....	719	Clinical Use of the Electroencephalogram .....	736
The Neuronal Circuit of the Cerebellum.....	719	Epilepsy .....	736
Function of the Cerebellum in Voluntary Movements .....	721	Generalized Epilepsy .....	736
Function of the Cerebellum in Involuntary Movements.....	723	Focal Epilepsy .....	737
Function of the Cerebellum in Equilibrium .....	724	Wakefulness and Sleep.....	738
Clinical Abnormalities of the Cerebellum .....	724	Slow Wave Sleep .....	738
Sensory Feedback Control of Motor Functions .....	725	Paradoxical Sleep (“REM” Sleep)	739
The Sensory “Engram” for Motor Movements.....	725	Basic Theories of Sleep .....	739
Establishment of “Skilled” Motor Patterns.....	726	Physiological Effects of Sleep .....	741
		CHAPTER 55	
		<b>THE CEREBRAL CORTEX AND INTELLECTUAL FUNCTIONS OF THE BRAIN.....</b>	<b>743</b>
		Physiologic Anatomy of the Cerebral Cortex .....	743

Functions of Certain Specific Cortical Areas .....	744
Specific Functions of the Primary Sensory Areas .....	745
The Sensory Association Areas....	745
Interpretative Function of the Posterior Temporal Lobe and Angular Gyrus Regions—The General Interpretative Area.....	746
The Prefrontal Areas .....	748
Thoughts, Memory, Learning, and Consciousness.....	749
Memory and Types of Memory....	749
Physiological Basis of Memory....	750
Intellectual Operations of the Brain .....	753
Intellectual Aspects of Motor Control....	755
Function of the Brain in Communication .....	755
Function of the Corpus Callosum and Anterior Commissure to Transfer Thoughts, Memories, and Other Information to the Opposite Hemisphere.....	756

## CHAPTER 56

**BEHAVIORAL FUNCTIONS OF THE BRAIN: THE LIMBIC SYSTEM, ROLE OF THE HYPOTHALAMUS, AND CONTROL OF VEGETATIVE FUNCTIONS OF THE BODY .....**

<b>758</b>	
The Limbic System.....	758
Vegetative Functions of the Hypothalamus.....	759
Role of the Reticular Formation in Behavioral Functions of the Brain .....	761
Behavioral Functions of the Limbic System.....	761
Pleasure and Pain; Reward and Punishment.....	761
The Affective-Defensive Pattern—Rage.....	763
Function of the Hypothalamus and Adjacent Areas in Sleep, Wakefulness, Alertness, and Excitement .....	763
Psychosomatic Effects of the Hypothalamus and Reticular Activating System .....	763
Functions of Other Parts of the Limbic System.....	764
Functions of the Amygdala .....	764
Functions of the Hippocampus....	765
Function of the Hippocampal, Cingulate, and Orbitofrontal Cortex .....	766

## CHAPTER 57

**THE AUTONOMIC NERVOUS SYSTEM; THE ADRENAL MEDULLA .....**

<b>768</b>	
General Organization of the Autonomic Nervous System.....	768
Physiologic Anatomy of the Sympathetic Nervous System...	768
Physiologic Anatomy of the Parasympathetic Nervous System .....	769
Basic Characteristics of Sympathetic and Parasympathetic Function.....	770
Cholinergic and Adrenergic Fibers—Secretion of Acetylcholine or Norepinephrine by the Postganglionic Neurons .....	770
Receptor Substances of the Effector Organs .....	772
Excitatory and Inhibitory Actions of Sympathetic and Parasympathetic Stimulation....	773
Effects of Sympathetic and Parasympathetic Stimulation on Specific Organs .....	774
Function of the Adrenal Medullae .....	775
Relationship of Stimulus Rate to Degree of Sympathetic and Parasympathetic Effect.....	776
Sympathetic and Parasympathetic “Tone”.....	776
Denervation Supersensitivity of Sympathetic and Parasympathetic Organs Following Denervation.....	776
The Autonomic Reflexes .....	777
Mass Discharge of the Sympathetic System versus Discrete Characteristics of Parasympathetic Reflexes.....	778
“Alarm” or “Stress” Function of the Sympathetic Nervous System.....	778
Medullary, Pontine, and Mesencephalic Control of the Autonomic Nervous System .....	778
Pharmacology of the Autonomic Nervous System.....	779
Drugs That Act on Adrenergic Effector Organs—The Sympathomimetic Drugs.....	779
Drugs That Act on Cholinergic Effector Organs .....	779
Drugs That Stimulate the Postganglionic Neurons—“Nicotinic Drugs” .....	780

## PART X

### THE SPECIAL SENSES

## CHAPTER 58

**THE EYE: I. OPTICS OF VISION ..... 784**

Physical Principles of Optics .....	784
Refraction of Light .....	784
Application of Refractive Principles to Lenses .....	785
Focusing by Convex Lenses .....	786
Formation of an Image by a Convex Lens.....	787
Measurement of the Refractive Power of a Lens—The Diopter..	787
The Optics of the Eye .....	787
The Eye As a Camera.....	787
The Mechanism of Accommodation.....	788
The Pupillary Aperture.....	789
“Normal” Aberrations of Vision ..	790
Errors of Refraction .....	790
Size of the Image on the Retina and Visual Acuity.....	793
Determination of Distance of an Object from the Eye—Depth Perception .....	794
Optical Instruments .....	795
The Ophthalmoscope.....	795
The Retinoscope.....	795

## CHAPTER 59

**THE EYE: II. RECEPTOR FUNCTIONS OF THE RETINA ..... 797**

Anatomy and Function of the Structural Elements of the Retina .....	797
Photochemistry of Vision .....	800
The Rhodopsin-Retinene Visual Cycle, and Excitation of the Rods .....	800
Photochemistry of Color Vision by the Cones .....	803
Automatic Regulation of Retinal Sensitivity—Dark and Light Adaptation .....	803
Fusion of Flickering Lights by the Retina .....	805
Color Vision .....	806
The Tri-Color Theory of Color Perception .....	806
Color Blindness .....	808

## CHAPTER 60

**THE EYE: III. NEUROPHYSIOLOGY OF VISION..... 810**

The Visual Pathway.....	810
Neural Function of the Retina .....	810
Neural Organization of the Retina	810
Stimulation of the Rods and Cones—The Receptor Potential	811
Stimulation of the Bipolar and Horizontal Cells.....	811
Stimulation of the Ganglion Cells.....	812
Different Types of Signals Transmitted by the Ganglion Cells Through the Optic Nerve	812
Regulation of Retinal Function by Centrifugal Fibers from the Central Nervous System.....	814
Function of the Lateral Geniculate Body .....	814
Function of the Primary Visual Cortex ..	815
Detection of Lines and Borders by the Primary Visual Cortex .....	815
Perception of Luminosity .....	816
Effect of Removing the Primary Visual Cortex .....	817
Transmission of Visual Information into Other Regions of the Cerebral Cortex ..	817
The Fields of Vision; Perimetry.....	817
Eye Movements and Their Control.....	818
Conjugate Movement of the Eyes .....	819
Fixation Movements of the Eyes..	820
Fusion of the Visual Images.....	821
Autonomic Control of Accommodation and Pupillary Aperture.....	822
Control of Accommodation .....	823
Control of the Pupillary Aperture .....	824

## CHAPTER 61

**THE SENSE OF HEARING ..... 826**

The Tympanic Membrane and the Ossicular System .....	826
Transmission of Sound from the Tympanic Membrane to the Cochlea.....	826
Transmission of Sound Through the Bone .....	827
The Cochlea.....	828
Functional Anatomy of the Cochlea.....	828

Transmission of Sound Waves  
in the Cochlea—The  
“Traveling Wave”..... 829  
Function of the Organ of Corti..... 830  
Determination of Pitch—The  
“Place” Principle..... 831  
Determination of Loudness ..... 832  
Central Auditory Mechanisms ..... 833  
The Auditory Pathway..... 833  
Function of the Cerebral Cortex  
in Hearing ..... 834  
Discrimination of Direction from  
which Sound Emanates..... 836  
Centrifugal Conduction of  
Impulses from the Central  
Nervous System ..... 836  
Hearing Abnormalities ..... 837  
Types of Deafness ..... 837

CHAPTER 62  
**THE CHEMICAL SENSES—TASTE  
AND SMELL..... 839**  
The Sense of Taste..... 839  
The Primary Sensations of Taste . 839  
The Taste Bud and Its Function .. 840  
Transmission of Taste Signals  
into the Central Nervous  
System ..... 842  
Special Attributes of the Taste  
Sense ..... 843  
The Sense of Smell..... 843  
The Olfactory Membrane..... 844  
Stimulation of the Olfactory  
Cells..... 844  
Transmission of Smell  
Sensations into the Central  
Nervous System ..... 846

**PART XI  
THE GASTROINTESTINAL TRACT**

CHAPTER 63  
**MOVEMENT OF FOOD THROUGH  
THE ALIMENTARY TRACT..... 850**  
General Principles of Intestinal  
Motility ..... 850  
Characteristics of the Intestinal  
Wall ..... 850  
Innervation of the Gut—The  
Intramural Plexus ..... 852  
Functional Types of Movements in the  
Gastrointestinal Tract..... 853  
The Mixing Movements..... 853  
The Propulsive  
Movements—Peristalsis ..... 853  
Ingestion of Food..... 854  
Mastication (Chewing)..... 855  
Swallowing (Deglutition) ..... 855  
Function of the Gastroesophageal  
Sphincter..... 857  
Motor Functions of the Stomach ..... 858  
Storage Function of the  
Stomach..... 858  
Mixing in the Stomach ..... 858  
Emptying of the Stomach..... 859  
Movements of the Small Intestine ..... 861  
Mixing Contractions  
(Segmentation Contractions).... 861  
Propulsive Movements ..... 862  
Contraction and Emptying of the  
Gallbladder—Cholecystokinin.. 863  
Function of the Ileocecal Valve .. 863  
Movements of the Colon ..... 864

Defecation..... 865  
Other Autonomic Reflexes Affecting  
Bowel Activity..... 866  
CHAPTER 64  
**SECRETORY FUNCTIONS OF THE  
ALIMENTARY TRACT ..... 867**  
General Principles of Gastrointestinal  
Secretion ..... 867  
Anatomical Types of Glands..... 867  
Basic Mechanisms of Stimulation  
of the Gastrointestinal  
Glands ..... 868  
Basic Mechanism of Secretion by  
Glandular Cells..... 868  
Lubricating and Protective  
Properties of Mucus and  
Its Importance in the  
Gastrointestinal Tract..... 869  
Secretion of Saliva..... 870  
Esophageal Secretion..... 871  
Gastric Secretion ..... 871  
Characteristics of the Gastric  
Secretions..... 871  
Regulation of Gastric Secretion by  
Nervous and Hormonal  
Mechanisms ..... 873  
Pancreatic Secretion ..... 876  
Regulation of Pancreatic  
Secretion ..... 877  
Secretion of Bile by the Liver ..... 878

Secretions of the Small Intestine.....	878
Secretion of Mucus by Brunner's Glands and by Mucous Cells of the Intestinal Surface.....	878
Secretion of the Intestinal Digestive Juices—The Crypts of Lieberkühn.....	879
Regulation of Small Intestinal Secretion.....	879
Secretions of the Large Intestine.....	879

## CHAPTER 65

**DIGESTION AND ABSORPTION IN  
THE GASTROINTESTINAL TRACT..... 881**

Digestion of the Various Foods.....	881
Digestion of Carbohydrates.....	881
Digestion of Fats.....	883
Digestion of Proteins.....	884
Basic Principles of Gastrointestinal Absorption.....	885
Anatomical Basis of Absorption..	885
Basic Mechanisms of Absorption.....	887
Absorption in the Small Intestine.....	887
Absorption of Water.....	887

Absorption of the Ions.....	887
Absorption of Nutrients.....	889
Absorption in the Large Intestine; Formation of the Feces.....	891

## CHAPTER 66

**PHYSIOLOGY OF GASTROINTESTINAL  
DISORDERS..... 893**

Disorders of Swallowing and of the Esophagus.....	893
Disorders of the Stomach.....	893
Peptic Ulcer.....	894
Disorders of the Small Intestine.....	896
Disorders of the Large Intestine.....	897
Constipation.....	897
Diarrhea.....	898
Paralysis of Defecation in Spinal Cord Injuries.....	898
General Disorders of the Gastrointestinal Tract.....	899
Vomiting.....	899
Nausea.....	900
Gastrointestinal Obstruction.....	900
Gases in the Gastrointestinal Tract (Flatus).....	900

**PART XII****METABOLISM AND TEMPERATURE REGULATION**

## CHAPTER 67

**METABOLISM OF CARBOHYDRATES  
AND FORMATION OF ADENOSINE  
TRIPHOSPHATE..... 904**

Release of Energy from Foods and the Concept of “Free Energy”.....	904
Role of Adenosine Triphosphate (ATP) in Metabolism.....	904
Transport of Monosaccharides Through the Cell Membrane.....	905
Facilitation of Glucose Transport by Insulin.....	905
Phosphorylation of the Monosaccharides.....	906
Storage of Glycogen in Liver and Muscle.....	907
Glycogenesis.....	907
Glycogenolysis.....	907
Release of Energy from the Glucose Molecule by the Glycolytic Pathway.....	908
Glycolysis and the Formation of	

Pyruvic Acid.....	908
Conversion of Pyruvic Acid to Acetyl Coenzyme A.....	909
The Citric Acid Cycle.....	910
Oxidation of Hydrogen Atoms by the Oxidative Enzymes.....	910
Summary of ATP Formation During the Breakdown of Glucose.....	912
Control of Glycolysis and Oxidation by Adenosine Diphosphate (ADP).....	912
Transfer of Mitochondrial ATP Energy to Cytoplasmic ATP.....	912
Glucose Conversion to Glycogen or Fat.....	912
Anaerobic Release of Energy— “Anaerobic Glycolysis”.....	913
Release of Energy from Glucose by the Phosphogluconate Pathway.....	913
Formation of Carbohydrates from Proteins and Fats— “Gluconeogenesis”.....	914
Blood Glucose.....	915



CHAPTER 68		Use of Proteins for Energy .....	933
<b>LIPID METABOLISM .....</b>	<b>916</b>	Obligatory Degradation of Proteins .....	934
Transport of Lipids in the Blood .....	916	Hormonal Regulation of Protein Metabolism .....	934
Transport from the Gastrointestinal Tract—The “Chylomicrons” .....	916	CHAPTER 70	
Transport of Fatty Acids in Combination with Albumin—“Free Fatty Acid” .....	917	<b>THE LIVER AND BILIARY SYSTEM.....</b>	<b>936</b>
The Lipoproteins .....	917	Physiologic Anatomy of the Liver .....	936
The Fat Deposits .....	918	Function of the Hepatic Vascular System .....	936
Adipose Tissue .....	918	Secretion of Bile and Functions of the Biliary Tree .....	938
The Liver Lipids .....	918	Physiologic Anatomy of Biliary Secretion .....	938
Use of Triglycerides for Energy, and Formation of Adenosine Triphosphate (ATP) .....	919	The Bile Salts and Their Function .....	939
Formation of Acetoacetic Acid in the Liver and Its Transport in the Blood .....	920	Excretion of Bilirubin in the Bile .....	939
Synthesis of Triglycerides from Carbohydrates .....	921	Secretion of Cholesterol; Gallstone Formation .....	941
Synthesis of Triglycerides from Proteins .....	922	Metabolic Functions of the Liver .....	942
Regulation of Energy Release from Triglycerides .....	922	Carbohydrate Metabolism .....	942
Obesity .....	923	Fat Metabolism .....	942
Phospholipids and Cholesterol .....	924	Protein Metabolism .....	943
Phospholipids .....	924	Miscellaneous Metabolic Functions of the Liver .....	943
Cholesterol .....	924	CHAPTER 71	
Structural Functions of Phospholipids and Cholesterol .....	925	<b>ENERGETICS AND METABOLIC RATE .....</b>	<b>945</b>
Atherosclerosis .....	926	Importance of Adenosine Triphosphate (ATP) in Metabolism ...	945
Experimental Production of Atherosclerosis in Animals .....	926	Creatine Phosphate as a Storage Depot for Energy .....	946
Atherosclerosis in the Human Being .....	926	Anaerobic versus Aerobic Energy .....	947
Summary of Factors Causing Atherosclerosis .....	927	Summary of Energy Utilization by the Cells .....	948
CHAPTER 69		Control of Energy Release in the Cell ...	948
<b>PROTEIN METABOLISM.....</b>	<b>928</b>	The Metabolic Rate .....	949
Basic Properties of Proteins .....	928	Measurement of the Metabolic Rate .....	950
The Amino Acids .....	928	Factors That Affect the Metabolic Rate .....	951
Physical Characteristics of Proteins .....	928	The Basal Metabolic Rate .....	953
Globular Proteins .....	928	CHAPTER 72	
Fibrous Proteins .....	930	<b>BODY TEMPERATURE, TEMPERATURE REGULATION, AND FEVER .....</b>	<b>955</b>
Conjugated Proteins .....	930		
Transport and Storage of Amino Acids .....	930		
The Blood Amino Acids .....	930		
Storage of Amino Acids as Proteins in the Cells .....	931		
The Plasma Proteins .....	931		
Chemistry of Protein Synthesis .....	932		

Balance Between Heat Production and Heat Loss.....	956	Exposure of the Body to Extreme Cold.....	968
Heat Loss.....	956		
Sweating and Its Regulation by the Autonomic Nervous System.....	959	CHAPTER 73	
The Insulator System of the Body.....	960	<b>DIETARY BALANCES, REGULATION OF FEEDING; OBESITY AND STARVATION.....</b>	<b>970</b>
Flow of Blood to the Skin and Heat Transfer from the Body Core.....	960	Dietary Balances.....	970
Regulation of Body Temperature.....	961	Energy Available in Foods.....	970
Thermostatic Detection of Excess Body Heat (Excess Temperature)—Role of the Preoptic Area of the Hypothalamus.....	962	Average Composition of the Diet.....	970
Thermostatic Detection of Cold—Role of Skin and Spinal Cord Receptors.....	962	Study of Energy Balances.....	972
Final Integration of Both the Heat and Cold Thermostatic Signals in the Hypothalamus—The “Hypothalamic Thermostat”.....	962	Regulation of Food Intake.....	973
Mechanisms of Increased Heat Loss When the Body Becomes Overheated.....	963	Neural Centers for Regulation of Food Intake.....	973
Mechanisms of Heat Conservation and Increased Heat Production When the Body Becomes Cooled.....	963	Factors That Regulate Food Intake.....	974
Effect of the Peripheral Temperature Receptors in Changing the “Set Point” of the Hypothalamic Thermostat.....	964	Obesity.....	975
Behavioral Control of Body Temperature.....	965	Abnormal Feeding Regulation as a Pathologic Cause of Obesity..	976
Local Skin Reflexes.....	965	Treatment of Obesity.....	976
Abnormalities of Body Temperature Regulation.....	965	Inanition.....	977
Fever.....	965	Starvation.....	977
		CHAPTER 74	
		<b>VITAMIN AND MINERAL METABOLISM.....</b>	<b>979</b>
		Vitamins.....	979
		Vitamin A.....	980
		Thiamine (Vitamin B <sub>1</sub> ).....	980
		Niacin.....	981
		Riboflavin (Vitamin B <sub>2</sub> ).....	981
		Vitamin B <sub>12</sub> .....	982
		Folic Acid (Pteroylglutamic Acid).....	982
		Pyridoxine (Vitamin B <sub>6</sub> ).....	982
		Pantothenic Acid.....	982
		Ascorbic Acid (Vitamin C).....	983
		Vitamin D.....	983
		Vitamin E.....	984
		Vitamin K.....	984
		Mineral Metabolism.....	984

## PART XIII ENDOCRINOLOGY AND REPRODUCTION

### CHAPTER 75

<b>INTRODUCTION TO ENDOCRINOLOGY; AND THE PITUITARY HORMONES.....</b>	<b>988</b>
Nature of a Hormone.....	988
Mechanisms of Hormonal Action.....	990

Intracellular Hormonal Mediators—Cyclic AMP.....	990
Action of Steroid Hormones on the Genes to Cause Protein Synthesis.....	991
Other Mechanisms of Hormone Function.....	991

The Pituitary Gland and Its Relationship to the Hypothalamus.....	991	Regulation of Thyroid Hormone Secretion .....	1011
Control of Pituitary Secretion by the Hypothalamus .....	992	Antithyroid Substances .....	1013
The Anterior Pituitary Gland and Its Regulation by Hypothalamic Releasing Factors.....	993	Interrelationships of the Thyroid Gland and Other Endocrine Glands.....	1014
Cell Types of the Anterior Pituitary.....	993	Diseases of the Thyroid .....	1014
The Hypothalamic-Hypophyseal Portal System.....	993	Hyperthyroidism .....	1014
Physiologic Functions of the Anterior Pituitary Hormones .....	994	Hypothyroidism .....	1016
Growth Hormone.....	995		
Abnormalities of Growth Hormone Secretion.....	998	CHAPTER 77	
Melanocyte-Stimulating Hormone.....	999	<b>THE ADRENOCORTICAL HORMONES.....</b>	<b>1019</b>
The Posterior Pituitary Gland and Its Relation to the Hypothalamus.....	1000	Functions of the	
Physiologic Functions of Antidiuretic Hormone (Vasopressin).....	1000	Mineralocorticoids—Aldosterone.....	1019
Oxytocic Hormone .....	1002	Renal Effects of Aldosterone .....	1020
Chemical Nature of Antidiuretic Hormone (Vasopressin) and Oxytocin.....	1003	Effects of Aldosterone on Fluid Volumes and Cardiovascular Dynamics.....	1021
		Effects of Aldosterone on Sweat Glands, Salivary Glands, and Intestinal Absorption.....	1022
		Cellular Mechanism of Aldosterone Action .....	1022
		Regulation of Aldosterone Secretion .....	1023
		Functions of the Glucocorticoids.....	1024
		Effect of Cortisol on Carbohydrate Metabolism.....	1025
		Effects of Cortisol on Protein Metabolism.....	1025
		Effects of Cortisol on Fat Metabolism.....	1026
		Other Effects of Cortisol .....	1026
		Regulation of Cortisol Secretion—Adrenocorticotrophic Hormone (ACTH).....	1028
		Chemistry of Adrenocortical Secretion ..	1029
		The Adrenal Androgens.....	1032
		Abnormalities of Adrenocortical Secretion .....	1032
		Hypoadrenalism—Addison's Disease.....	1032
		Hyperadrenalism—Cushing's Disease.....	1033
		Primary Aldosteronism.....	1034
		Adrenogenital Syndrome.....	1035
		CHAPTER 78	
		<b>INSULIN, GLUCAGON, AND DIABETES MELLITUS .....</b>	<b>1036</b>
		Effect of Insulin on Carbohydrate Metabolism .....	1036
CHAPTER 76			
<b>THE THYROID HORMONES.....</b>	<b>1005</b>		
Formation and Secretion of the Thyroid Hormones.....	1005		
Requirements of Iodine for Formation of Thyroxine.....	1005		
The Iodide Pump (Iodide Trapping) .....	1006		
Thyroglobulin and Chemistry of Thyroxine and Triiodothyronine Formation.....	1006		
Release of Thyroxine and Triiodothyronine from Thyroglobulin.....	1007		
Transport of Thyroxine and Triiodothyronine to the Tissues.....	1007		
Function of the Thyroid Hormones in the Tissues.....	1008		
General Increase in Metabolic Rate.....	1008		
Effects of Thyroid Hormone on Metabolism of Specific Dietary Substances.....	1009		
Physiologic Effects of Thyroid Hormone on Different Bodily Mechanisms .....	1010		

Facilitation of Glucose Transport Through the Cell Membrane.....	1037
Effect of Insulin on Glucose Utilization, Glycogen Storage and Fat Storage in Extrahepatic Tissues.....	1038
Action of Insulin on Glucose Metabolism in the Liver.....	1039
Effect of Insulin Excess and Insulin Lack on Fat Metabolism.....	1040
Effect of Insulin on Protein Metabolism and Growth.....	1042
Control of Insulin Secretion.....	1042
Role of Insulin in "Switching" Between Carbohydrate and Lipid Metabolism .....	1043
Glucagon and Its Functions .....	1044
Regulation of Glucagon Secretion .....	1045
Glucagonlike Effects of Epinephrine .....	1045
Regulation of Blood Glucose Concentration .....	1045
Diabetes Mellitus .....	1046
Pathologic Physiology of Diabetes .....	1047
Physiology of Diagnosis .....	1048
Treatment of Diabetes .....	1049
Diabetic Coma .....	1050
Hyperinsulinism .....	1050

## CHAPTER 79

**PARATHYROID HORMONE, CALCITONIN, CALCIUM AND PHOSPHATE METABOLISM, VITAMIN D, BONE AND TEETH..... 1052**

Calcium and Phosphate in the Extracellular Fluid and Plasma—	
Function of Vitamin D.....	1052
Absorption and Excretion of Calcium and Phosphate .....	1052
Vitamin D and Its Role in Calcium Absorption .....	1053
The Calcium in the Plasma and Interstitial Fluid.....	1055
The Inorganic Phosphate in the Extracellular Fluids.....	1055
Effects of Altered Calcium and Phosphate Concentrations in the Body Fluids .....	1055
Bone and Its Relationships with Extracellular Calcium and Phosphates.....	1056

Precipitation and Absorption of Calcium and Phosphate in Bone—Equilibrium with the Extracellular Fluids .....	1057
Exchangeable Calcium.....	1058
Deposition and Absorption of Bone—Remodeling of Bone.....	1059
Parathyroid Hormone .....	1060
Effect of Parathyroid Hormone on Calcium and Phosphate Concentrations in the Extracellular Fluid.....	1061
Control of Parathyroid Secretion by Calcium Ion Concentration..	1063
Calcitonin .....	1063
Overall Control of Calcium Ion Concentration .....	1064
Physiology of Parathyroid and Bone Diseases.....	1066
Hypoparathyroidism .....	1066
Hyperparathyroidism.....	1066
Rickets.....	1067
Osteoporosis .....	1068
Physiology of the Teeth.....	1068
Function of the Different Parts of the Teeth.....	1068
Dentition.....	1069
Mineral Exchange in Teeth .....	1070
Dental Abnormalities .....	1070

## CHAPTER 80

**REPRODUCTIVE FUNCTIONS OF THE MALE AND THE MALE SEX HORMONES..... 1072**

Spermatogenesis .....	1072
The Steps of Spermatogenesis ....	1073
The Sperm .....	1074
Function of the Seminal Vesicles .....	1074
Function of the Prostate Gland ....	1075
Semen .....	1075
Male Fertility.....	1075
The Male Sexual Act.....	1076
Neuronal Stimulus for Performance of the Male Sexual Act .....	1076
Stages of the Male Sexual Act ....	1077
Testosterone and Other Male Sex Hormones.....	1078
Secretion, Metabolism, and Chemistry of the Male Sex Hormone .....	1078
Functions of Testosterone .....	1079
Basic Mechanism of Action of Testosterone .....	1081

Control of Male Sexual  
 Functions by the Gonadotropic  
 Hormones—FSH and LH..... 1081

Abnormalities of Male Sexual  
 Function..... 1083

The Prostate Gland and Its  
 Abnormalities ..... 1083

Hypogonadism in the Male..... 1083

Testicular Tumors and  
 Hypergonadism in the  
 Male..... 1084

CHAPTER 81

**SEXUAL FUNCTIONS IN THE FEMALE  
 AND THE FEMALE HORMONES..... 1086**

Physiologic Anatomy of the Female  
 Sexual Organs..... 1086

The Female Hormonal System..... 1086

The Monthly Ovarian Cycle and  
 Function of the Gonadotropic  
 Hormones..... 1087

Follicular Growth—Function of  
 Follicle-Stimulating Hormone  
 (FSH) ..... 1088

The Corpus Luteum—The  
 “Luteal” Phase of the  
 Ovarian Cycle ..... 1090

The Ovarian Hormones—  
 Estrogens and  
 Progesterone..... 1090

Chemistry of the Sex Hormones .. 1091

Functions of the Estrogens—  
 Effects on the Primary and  
 Secondary Sexual  
 Characteristics..... 1092

Functions of Progesterone ..... 1094

The Endometrial Cycle and  
 Menstruation..... 1094

Regulation of the Female Monthly  
 Rhythm—Interplay Between the  
 Ovarian and Hypothalamic-Pituitary  
 Hormones..... 1096

Feedback Oscillation of the  
 Hypothalamic-Pituitary-  
 Ovarian System..... 1097

Puberty..... 1098

The Menopause ..... 1098

Interrelationships of the Ovaries  
 with Other Glands..... 1099

Abnormalities of Secretion by the  
 Ovaries ..... 1099

The Female Sexual Act ..... 1100

Female Fertility..... 1101

CHAPTER 82

**PREGNANCY AND LACTATION..... 1104**

Maturation of the Ovum and  
 Oogenesis..... 1104

Fertilization of the Ovum ..... 1104

Transport and Implantation of the  
 Developing Ovum..... 1105

Early Intra-uterine Nutrition of the  
 Embryo ..... 1106

Function of the Placenta ..... 1107

Developmental and Physiologic  
 Anatomy of the Placenta..... 1107

Permeability of the Placental  
 Membrane ..... 1107

Storage Function of the  
 Placenta ..... 1109

Hormonal Factors in Pregnancy ..... 1109

Chorionic Gonadotropin and Its  
 Effect in Causing  
 Persistence of the Corpus  
 Luteum and in Preventing  
 Menstruation..... 1109

Secretion of Estrogens by the  
 Placenta..... 1110

Secretion of Progesterone by the  
 Placenta ..... 1111

Human Placental Lactogen..... 1111

Other Hormonal Factors in  
 Pregnancy..... 1111

Response of the Mother to Pregnancy.... 1112

Changes in the Maternal  
 Circulatory System  
 During Pregnancy..... 1112

Weight Gain in the Mother ..... 1113

Metabolism in the Mother  
 During Pregnancy..... 1113

Respiration by the Mother  
 During Pregnancy..... 1113

Function of the Maternal Urinary  
 System During Pregnancy..... 1113

The Amniotic Fluid and Its  
 Formation..... 1114

Abnormal Responses of the Mother to  
 Pregnancy ..... 1114

Hyperemesis Gravidarum ..... 1114

Toxemia of Pregnancy ..... 1114

Parturition ..... 1115

Increased Uterine Irritability  
 Near Term ..... 1115

Onset of Labor—A Positive  
 Feedback Theory for Its  
 Initiation..... 1115

Abdominal Contraction During  
 Labor..... 1117

Mechanics of Parturition ..... 1117

Separation and Delivery of the Placenta.....	1117	Development of the Organ Systems .....	1122
Labor Pains.....	1118	Function of the Nervous System..	1123
Involution of the Uterus .....	1118	Function of the Gastrointestinal System .....	1123
Lactation .....	1118	Function of the Kidneys.....	1123
Development of the Breasts.....	1118	Metabolism in the Fetus.....	1123
Initiation of Lactation—		Adjustments of the Infant to Extra-uterine Life .....	1124
Prolactin.....	1118	Onset of Breathing .....	1124
The Ejection or “Let-Down” Process in Milk Secretion—		Circulatory Readjustments at Birth.....	1125
Function of Oxytocin .....	1119	Nutrition of the Newborn Infant..	1127
Continued Secretion of Milk for Many Months Following Pregnancy.....	1120	Special Functional Problems in the Neonatal Infant.....	1128
Effect of Lactation on the Uterus and on the Sexual Cycle .....	1120	Special Problems of Prematurity .....	1131
Milk and the Metabolic Drain on the Mother Caused by Lactation .....	1120	Immature Development of the Premature Infant.....	1131
		Instability of the Control Systems in the Premature Infant.....	1131
		Danger of Oxygen Therapy in the Premature Infant.....	1131
		Growth and Development of the Child..	1132
		Behavioral Growth .....	1132
		<b>INDEX.....</b>	<b>1135</b>
<b>CHAPTER 83</b>			
<b>SPECIAL FEATURES OF FETAL AND NEONATAL PHYSIOLOGY .....</b>	<b>1122</b>		
Growth and Functional Development of the Fetus.....	1122		