Contents

SECTION ONE/LABORATORY TECHNIQUES

1 Basic laboratory principles and calculations, 3

PART I Basic laboratory principles, 4 Roy L. Alexander John D. Bauer

Units of measurements, 4 Measurement of mass, 6 Laboratory supplies, 12 Volumetric measurements, 16 Thermometry, 23 Centrifuges and heating baths, 24 Laboratory water, 26 Safety in the clinical laboratory, 28

PART II

Calculations in clinical chemistry, 33 Elizabeth Ann Byrne

Dilution, 33 Weights and concentrations, 34 Calculations based on photometric measurements (Beer's law), 36 Buffers, 37 Enzyme calculations, 38 Standard curves, 39 Additional exercises, 40 Appendix: answers to problems, 41

2 Collection and handling of patient specimens, 43 Nathan A. Pickard

Types of specimens, 44 Collection vessels, 44 Collection variables, 46 Transportation, 47 Laboratory criteria for unacceptable samples, 47 Sample processing, 48 Specimen stability and storage, 49

3 Spectral techniques, 51 Christopher S. Frings Jack Gauldie

- Light and matter, 53 Absorption spectroscopy, 55 Atomic absorption, 62 Flame photometry, 64 Fluorometry, 65 Nephelometry and turbidity, 67 Refractivity, 72
- 4 Chromatography: theory and practice, 74 M. Wilson Tabor

Branches of chromatography, 76 General principles, 77 Resolution, 79 Polarity, 86 Mechanisms of chromatography, 90 Sample preparation for chromatography, 94

- 5 Liquid chromatography, 100 Larry D. Bowers
 Resolution, efficiency, and speed of analysis, 102 Quantitation, 105 Selection of a chromatographic mode, 107 Bonded reversed-phase chromatography, 109 Instrumentation, 112 Summary, 114
- 6 Gas chromatography, 117 Alphonse Poklis

Molecules that can be separated by gas chromatography, 119 Theory of gas chromatographic separation, 120 Mobile-phase considerations, 123 Stationary-phase considerations, 124 Derivatization, 127 Selection of a separation system, 128 Components of gas chromatograph, 130

7 Isotopes in clinical chemistry, 136 *I-Wen Chen*Basic structure of atom, 138
Principles of radiation and radioactivity, 139 Isotope detection, 145 Radiation health safety, 150

8 Electrophoresis, 152 John M. Brewer

> Definitions, 153 Application of electrical field to solution containing a charged particle, 154 Factors affecting mobilities of macromolecules, 155 Support media, 157 Enhanced-resolution techniques, 158 Methods involving separation based on molecular size, 159 Selection of methods and conditions, 160 Locating the analyte, 161 Clinical applications, 164

9 Immunological reactions, 166 Susan Bassion

Antigens, 167 Antibodies, 169 Antigen-antibody reactions, 171 Antigen-antibody precipitation reactions, 174

10 Immunochemical techniques, 179 Paul E. Hurtubise Susan Bassion Jack Gauidie Peter Horsewood

> Reagents, 181 Antibody-antigen reaction, 184 Immunodiffusion (Ouchterlony), 184 Immunoelectrophoresis, 187 Counterimmunoelectrophoresis, 189 Two-dimensional immunoelectrophoresis, 191 Radial immunodiffusion, 192 Laurell "rocket" immunoelectrophoresis, 192 Immunonephelometry, 194 Agglutination assays, 196 Complement-fixation assays, 200 Indicator-labeled immunoassays, 202 Fluoroimmunoassay, 203 Enzyme immunoassay, 204 Summary, 209

11 Competitive-binding assays, 21 Stephan G. Thompson

Definition of competitive-binding assays, 212
Quantitation of antigen-antibody reactions: law of mass action, 213
Competitive binding, 214
Separation techniques, 215
Labeled ligand, 215
Affinity of protein-ligand interactions, 216
Cross-reactivity, 218
Data reduction, 218
Examples of specific competitive-binding assays, 221
Advantages and disadvantages of different approaches to competitive protein-binding assays, 228

- Measurement of colligative properties, 232 James E. Davis
 Colligative properties, 233 Clinical use of osmometry, 235 Principles of measurement, 236 Colloid osmotic pressure, 238 Nonclinical use of osmometry, 239
- 13 Electrochemistry, 240 Stephen G. Weber

Units, conventions, and definitions, 241 Potentiometry, 246 Amperometry and coulometry, 249

14 Electrode-based measurements, 252 Stephen G. Weber

> Activity, 253 Potentiometric sensors, 254 Current-measuring sensors, 257

15 Automation, 261 James E. Davis

> Definitions, 262 Automation of chemical analyses, 263 Concepts of automation: definitions, 266 Common automated instruments, 267 Trends in automation, 271 Economic justification, 271

16 Laboratory computers, 273 David G. Rhoads

> Background, 276 Objectives, 276 How computers function, 276 Applications, 281

17 Laboratory statistics, 287 Carl C. Garber R. Neill Carey

> Statistical descriptions of a population, 289 Statistical comparisons of populations, 293 Nonparametric statistics, 296 Linear regression and correlation, 296

18 Reference values, 301 Charles Raiph Buncher Dan Weiner

> Definition of normal, 302 Are data normally distributed? 302 Number of samples needed for reference range, 305 Proper sampling of populations for reference range, 305 Sensitivity and specificity, 306 Example calculation of Kolmogorov-Smirnov test, 309

19 Quality control, 310 Bradley E. Copeland

> Purpose, 312 Quality control pool, 312

Daily decisions, 315
Weekly review of day-to-day values, 318
Monthly review of day-to-day values, 321
Long-term decisions on methodology related to accuracy and precision, 325
Accuracy control with definitive methods, reference methods, primary standards, and reference materials, 332
Yearly healthy human value study, 334
Record keeping and software form development, 335
Preventive maintenance, 336 **20** Evaluation of methods, 338 *R. Netll Carey*

Carl C. Garber Purpose of method evaluation, 340 Selection of methods, 342 Laboratory evaluation of a method, 345 Experiments to estimate magnitude of specific errors, 346 Final-evaluation experiments, 348 Estimation of total error, 351 Confidence-interval criteria for judging analytical performance, 352 Other evaluation protocols, 354

Discussion, 355

Example calculations and decision making for a performance evaluation study for glucose, 355

SECTION TWO/PATHOPHYSIOLOGY

21 Physiology and pathophysiology of body water and electrolytes, 363
Leonard I. Kleinman
John M. Lorenz
Body water compartments, 366

Regulation of body fluid compartment osmolarity and volume, 370 Water metabolism, 375 Sodium metabolism, 378 Potassium metabolism, 382 Chloride metabolism, 384

22 Acid-base control and acid-base disorders, 387 John E. Sherwin Berndt B. Bruegger

Acid-base control, 388 Acid-base disorders, 395

23 Renal function, 403 M. Roy First

> Anatomy of kidney, 405 Renal physiology, 405 Pathological conditions of kidney, 411 Renal function tests, 414 Change of analyte in disease, 416

24 Liver function, 420 John E. Sherwin Anatomy of liver, 421 Normal function of liver, 423 Liver-function alterations during disease, 429 Liver-function tests, 433 Change of analyte in disease, 434

25 Bone disease, 439 Reginald Tsang Harold Marder

> Bone structure and function, 440 Biochemistry and physiology, 442 Bone disorders, 446 Change of analyte in disease, 450

26 Pancreatic function, 460 Michael D.D. McNeely

> Anatomy, 461 Endocrine functions, 461 Exocrine functions, 462 Pathological conditions, 463 Pancreatic function tests, 465 Change of analyte in disease, 465

27 Gastrointestinal digestive disease, 468 Michael D.D. McNeely

> Anatomy and general functions, 469 Digestion, 470 Absorption, 474 Pathological conditions, 475 Gastrointestinal function tests, 478 Change of analyte in disease, 482

28 Cardiac disease and hypertension, 488 W. Fraser Bremner

> PART I Cardiac disease, 490

Anatomy of heart, 490 Cardiac function, 491 Myocardial metabolism, 492 Pathological conditions, 494 Function tests, 498 Drug therapy, 499 Change of analyte in disease, 500

PART II

Hypertension, 503 Arterial anatomy and function, 503 Regulation of arterial function, 504 Role of catecholamines in arterial tension, 505 Pathological conditions, 505 Function test: blood pressure, 506 Drug therapy, 506 Change of analyte in disease, 507

 29 Muscle disease, 509 Béla Nagy
 Anatomy of muscle, 510 Function, 511

Normal biochemistry, 513

Pathological conditions of muscle, 516 Change of analyte in disease, 519

30 Diabetes mellitus, 520 Thomas Skillman

> Normal biochemistry: glucose homeostasis, 522 Concepts of pathogenesis of diabetes syndromes, 528 Biochemical manifestations of diabetes, 533 Pathological conditions: acute complications of diabetes mellitus, 534 Chronic complications of diabetes, 540 Treatment of diabetes syndromes, 541 Function test: oral glucose tolerance test, 544 Change of analyte in disease, 546

31 Disorders of lipid metabolism, 550 Herbert K. Naito

> PART I Lipids, 552

Normal physiology of lipids, 552 Bioenergetics, 559 Cholesterol metabolism, 560 Triglyceride metabolism, 566 Phospholipid metabolism, 569 Sphingolipid metabolism, 572

PART II

Lipoproteins, 574

Classification of lipoproteins, 574 Lipoprotein metabolism, 577 Recapitulation of lipid and lipoprotein metabolism, 580 Hyperlipidemia, 580 Classification of hyperlipoproteinemias, 581 Transformation of hyperlipidemia to hyperlipoproteinemia, 586 Clinical implications of hyperlipidemia, 589 Treatment, 592

32 Alcoholism, 594 Charles L. Mendenhall Robert E. Weesner

> Diagnosis of alcoholism, 595 Biochemical and metabolic alterations, 596 Nutritional alterations associated with alcoholism and alcoholic liver disease, 597 Pathology: systemic diseases of the alcoholic, 600 Change of analyte in disease, 604 Tests of liver function, 606

33 Hemoglobin, porphyrin, and iron metabolism, 611 John D. Bauer

PART I Hemoglobin, 613

Structure and function of hemoglobin, 613 Normal biochemistry, 618 Pathology, 624 Change of analyte in disease, 631

PART II Iron metabolism, 633

Physiological function of iron, 633 Iron metabolism, 633 Pathology, 635 Function test, 637 Change of analyte in disease, 637

PART III Heme biosynthesis and the porphyrias, 639

Normal biochemistry, 639 Pathology: the porphyrias, 641 Change of analyte in disease, 645

PART IV Hemoglobin destruction (catabolism), 646 Destruction of red blood cells, 646

Formation and catabolism of bilirubin, 648 Change of analyte in disease, 650

34 Vitamins, 656

Marge A. Brewster

Fat-soluble vitamins, 659 Water-soluble vitamins, 666

35 Pregnancy and fetal function, 686 Paul T. Russell

Anatomical and physiological interaction of mother and fetus, 687
Biochemistry of amniotic fluid, 689
Maternal biochemical changes during pregnancy, 690
Fetal biochemical changes during prenatal development, 694
Pathological conditions associated with pregnancy and perinatal period, 698
Change of analyte in disease, 701

- Extravascular biological fluids, 710 Lewis Glasser
 Serous fluids, 711
 Synovial fluid, 715
- 37 Central nervous system, 718 Gerald Moriarty

Basic neuroanatomy, 719 Physiology and biochemistry, 720 Pathological conditions, 723 Change of analyte in disease, 728

38 Endocrine function, 732

PART I General aspects of hormone physiology, 733 Bidy Kulkarni

Introduction and description of an endocrine function, 733 Hormone transport, 735 Mechanisms of regulatory control of hormonal levels, 735 Mechanisms of hormone action, 736 PART II The hypothalamopituitary system, 739 Boleslaw H. Liwnicz Regina G. Liwnicz

Anatomy and histology, 739 Function of hypothalamopituitary system, 741 Pathological conditions, 744 Function tests, 746

39 Thyroid, 748

Mariano Fernandez-Ulloa Harry R. Maxon

Embryology, 750 Anatomy and histology, 750 Thyroid physiology, 750 Pathological conditions, 760 Tests of thyroid function, 764 Change of analyte in disease, 765

40 Gastrointestinal hormones, 773 Stephen N. Joffe

> Anatomy, 775 Physiology, 778 Characteristics of gastroenteropancreatic (GEP) hormones and polypeptides, 778

41 The gonads, 789 Elizabeth J. Kicklighter Bidy Kulkarni

Sex differentiation and anatomy of reproductive system, 790
Physiology of sex steroid hormones, 792
Biosynthesis of steroid hormones, 795
Transport and metabolism, 798
Pathological conditions, 801
Function tests, 803
Change of analyte in disease, 804

42 Parathyroid gland, 806 Richard J. Kozera

> Anatomy, 807 Physiology, 807 Pathological conditions, 809 Change of analyte in disease, 813

43 Adrenal hormones, 816 Robert Hoff

> Anatomy, 817 Physiology of adrenal hormones, 817 Biosynthesis, 820 Transport and catabolism, 822 Control and regulation, 822 Pathological conditions, 824 Function tests, 827 Change of analyte in disease, 829

44 Diseases of genetic origin, 832 Thaddeus E. Kelly

Genetic basis of inheritance, 833

Pathological disorders associated with abnormal chromosomes, 836 Pathological disorders associated with biochemical changes, 841 Genetic screening, 857 Comment, 861 Change of analyte in disease, 861

- 45 Psychiatric disorders, 864 David L. Garver
 Central nervous system: anatomy, biochemistry, and physiology, 866 Psychiatric disorders, 869 Function tests, 874 Treatment, 876 Change of analyte in disease, 880
- 46 Neoplasia, 882
 Bernard E. Statland
 Per Winkel
 Scope of problem, 883
 Cancer: nature of the disease, 884
 Overview of roles of laboratory tests, 885
 Definition of ideal tumor marker, 886
 Types of analytes, 887
 Summary, 894
- 47 Toxicology, 897 Alphonse Poklis Amadeo J. Pesce

Definitions, 898 Dosage relationships, 898 Mechanisms of toxicity, 899 Factors that influence toxicity, 900 Drugs and nontherapeutic agents encountered in clinical laboratory, 903 Antidotes and treatment, 906 Drug interactions, 907

SECTION THREE/METHODS OF ANALYSIS

48 Classifications and description of proteins, lipids, and carbohydrates, 911

PART I Proteins, 912 Lawrence A. Kaplan Definition and classification, 912 Chemical properties, 916 Physical properties, 916

Chemical properties, 916 Physical properties, 916 Biological properties, 917

PART II Lipids, 918 Herbert K. Naito

Definition and classification, 918 Chemical and physical properties, 923 Biological properties, 923

PART III Carbohydrates, 924 Lawrence A. Kaplan Definition and classification, 924 Chemical properties, 925 Physical properties, 926 **Biological properties**, 926 49 Enzymes, 927 David C. Hohnadel Biochemical nature of enzymes, 929 Enzyme nomenclature and classification, 934 Measurement of enzymes, 938 Clinical rationale for enzyme measurements, 949 Significant factors affecting enzyme-reference values, 950 50 Isoenzymes, 953 Lawrence M. Silverman Vicki N. Daasch John F. Chapman Definitions, 954 Origin, 954 Purpose or function, 954 Tissue distribution of major isoenzyme families, 955 Change in isoenzyme patterns secondary to pathological processes, 956 Clinical significance of specific isoenzymes, 957 Modes of isoenzyme analysis, 960 51 Therapeutic drug monitoring (TDM), 962 Wolfgang Ritschel

Fate of drug and need for therapeutic drug monitoring, 964
Dosage regimens used in achieving therapeutic target concentration, 970
Pharmacokinetics, 973
Application of pharmacokinetics to TDM, 977

52 Interferences in spectral analysis, 983 Lawrence A. Kaplan Amadeo J. Pesce

> Limitations of detectors, 984 In vitro interferences, 986 In vivo interferences, 992 Nathan Pickard

Sample processing errors, 993 Source-reference material, 994

53 Examination of urine, 996 G. Berry Schumann

Introduction and clinical utility of urinalysis, 998
Specimen collection, 998
Physical examination of urine, 1000
Chemical examination of urine, 1003
Microscopic examination of urine, 1008
Urine cytology, 1027
Calculi (lithiasis), 1027
Urine findings in common renal and lower urinary tract diseases, 1028

Quality control, 1028 Coordinated approach to urinalysis, 1030

54 Carbohydrates and metabolites, 1032 Glucose, 1032

> Lawrence A. Kaplan Ketones (ketone bodies), 1037 Lawrence A. Kaplan Lactic acid, 1040 Nancy Gau

55 Electrolytes, 1044

Anion gap, 1044 W. Gregory Miller Blood gases, 1045 John E. Sherwin Berndt B. Bruegger

Calcium, 1051 E. Christis Farrell

Carbon dioxide, 1056 W. Gregory Miller

Chloride, 1059 W. Gregory Miller

Iron and iron-binding capacity, 1063 Gerardo Perrotta

Magnesium, 1065 E. Christis Farrell

Osmolality, 1070 Lawrence A. Kaplan

Phosphorus, 1072 E. Christis Farrell

Sodium and potassium, 1075 W. Gregory Miller

56 Enzymes, 1079

Acid phosphatase, 1079 Lenox B. Abbott William C. Wenger John A. Lott

Acid phosphatase isoenzymes, 1084 John F. Chapman Linda L. Woodard Lawrence M. Silverman

Alanine aminotransferase, 1088 Robert L. Murray

Aldolase, 1090 Stephen Gendler

Alkaline phosphatase, 1094 William C. Wenger John A. Lott

Alkaline phosphatase isoenzymes, 1098 John F. Chapman Linda L. Woodard Lawrence M. Silverman Amylase, 1101 Michael D.D. McNeely

Aspartate aminotransferase, 1105 Robert L. Murray

Cholinesterase, 1108 Mary Ellen King

Creatine kinase, 1112 Lenox B. Abbott John A. Lott

Creatine kinase isoenzymes, 1116 John F. Chapman Linda L. Woodard Lawrence M. Silverman

Gamma-glutarnyl transferase, 1120 Stephen Gendler

Lactate dehydrogenase, 1124 Amadeo J. Pesce

Lactate dehydrogenase isoenzymes, 1127 John F. Chapman Linda L. Woodard Lawrence M. Silverman

Lipase, 1130 Michael D.D. McNeely

57 Hormones and their metabolites, 1135

Cortisol, 1135 Suman Patel John A. Lott

Estriol, 1140 Lawrence A. Kaplan

Human chorionic gonadotropin, 1147 Lawrence A. Kaplan

5-Hydroxyindoleacetic acid, 1153 Arnold L. Schultz

Insulin, 1157 Michael D.D. McNeely

Thyroid-stimulating hormone, 1160 I-Wen Chen Linda A. Heminger

Thyroxine, 1165 I-Wen Chen Matthew I. Sperling

T₃ uptake, 1170 I-Wen Chen Matthew I. Sperling

Vanillylmandelic acid, 1173 Steven J. Soldin

58 Lipids, 1182

Amniotic fluid phospholipids, 1182 Paul T. Russell

Cholesterol, 1194 Herbert K. Naito

High-density lipoprotein (HDL) cholesterol, 1207

Lipoprotein electrophoresis, 1213 Herbert K. Naito Triglycerides, 1221 Herbert K. Naito 59 Nonprotein nitrogenous compounds, 1230 Ammonia, 1230 Nancy Gau Bilirubin, 1234 John E. Sherwin Ronald Overnoite Bilirubin amniotic fluid, 1242 Paul T. Russell Creatinine, 1247 Robert L. Murray Phenylalanine, 1253 Helen K. Berry Urea, 1257 Lawrence A. Kaplan Uric acid, 1261 Arnold L. Schultz 60 Proteins, 1268 Albumin, 1268 Stephen Gendler Bence Jones protein, 1273 Gayle Birkbeck Cerebrospinal fluid protein, 1276 Gayle Birkbeck Ferritin, 1279 Robert S. Franco Glycohemoglobin, 1281 Mary Ellen King Haptoglobin, 1284 Robert S. Franco Hemoglobin analysis, 1286 Gerardo Perrotta Hemoglobin F, 1294 Robert S. Franco Immunoelectrophoresis, 1297 Gayle Birkbeck Immunoglobulins, 1304 Gayle Birkbeck Serum protein electrophoresis, 1309 Suman Patel John A. Lott Total serum protein, 1316 Anthony Koller Total urine protein, 1319 Anthony Koller Transferrin, 1325 Robert S. Franco

61 Toxicology and therapeutic drug monitoring (TDM), 1327

Acetaminophen, 1327 Joseph Svirbely

Alcohol screen, 1332 Timothy J. Schroeder

Anticonvulsant drugs, 1336 Steven J. Soldin

Barbiturates, 1343 Amadeo J. Pesce

Bromides, 1349 Joseph Svirbely

Digoxin, 1352 I-Wen Chen Linda A. Heminger

Drug screen, 1355 F. Michael Hassan

Gentamicin, 1365 Joseph R. DiPersio

Lead (plumbum), 1369 M. Wilson Tabor

Lithium, 1377 Robert L. Murray

Quinidine, 1380 Amadeo J. Pesce

Salicylate, 1382 Joseph Svirbely

Theophylline, 1387 Gordon L. Bills 62 Urine analysis, 1391 Melanins, 1391

> Arnold L. Schultz Porphobilinogen, 1393 Michael D.D. McNeely

63 Vitamins, 1396

B₁₂, 1396 I-Wen Chen Matthew I. Sperling Linda A. Heminger

Carotenes, 1400 Lawrence A. Kaplan Folate assay, 1402 Michael D.D. McNeely

APPENDIXES

- A Buffer solutions, 1407
- B Preparation of buffer solutions, 1409
- C Concentrations of common acids and bases, 1412
- D Gases in common laboratory use-technical information, 1413
- E Major plasma proteins, 1416
- F Conversions between conventional and SI units, 1417
- G Conversions between conventional and SI units for specific analytes, 1418
- H Body surface area of adults-nomogram, 1420
- I Body surface area of children-nomogram, 1421