

TABLE OF CONTENTS

CHAPTER	PAGE
1. PLANNING AND PREPARATIONS FOR A CHILD	1
2. THE NEWBORN BABY AND HIS CARE	11
3. BREAST FEEDING	17
4. ARTIFICIAL FEEDING	48
5. WEANING	57
6. THE PREMATURE BABY	65
7. ON CRYING IN BABIES	69
8. HOW WILL HE GROW?	80
9. HOW CHILDREN DEVELOP	85
10. VARIATIONS IN DEVELOPMENT	105
11. SOME ASPECTS OF CHILD MANAGEMENT	112
12. ON LOVE AND SECURITY	122
13. DISCIPLINE AND PUNISHMENT	132
14. SOME SPECIAL PROBLEMS OF MANAGEMENT	144
15. SOME MANIFESTATIONS OF INSECURITY	156
16. TROUBLESOME CHILDREN	164
17. SLEEP	180
18. THE APPETITE AFTER THE WEANING PERIOD	199
19. TOILET TRAINING	208
20. THE BOWELS	219
21. THE TEETH	226
22. THE YOUNG CHILD AT SCHOOL	232
23. THE PREVENTION OF ACCIDENTS	239
24. THE PREVENTION OF INFECTION	253
25. SOME COMMON AND IMPORTANT SYMPTOMS	266
26. THE TREATMENT OF THE ILL CHILD	292
27. HOLIDAYS	292
28. TOYS AND PLAY	304
29. ON BRINGING THE BEST OUT OF A CHILD	318
EPILOGUE	328
INDEX	331