

Contents



Contributors, x

Preface, xvi

Introduction. Hypertension: the Past, the Present and the Future, 1
J.D. Swales

Part 1: Epidemiology

- 1 Blood Pressure in Westernized Populations, 11
P.K. Whelton, Jiang He & M.J. Klag
- 2 Blood Pressure in Other Populations, 22
A: Low Blood Pressure Populations and the Impact of Rural–Urban Migration, 22
N.R. Poulter & P.S. Sever
B: Regional Differences in Blood Pressure in Developed Countries: Fetal Influences, 36
P.H. Whincup, I.J. Perry & A.G. Shaper
- 3 Blood Pressure and the Risks of Cardiovascular Disease, 46
S. MacMahon

Part 2: Circulation in Hypertension

- 4 Haemodynamics of Essential Hypertension, 61
P. Lund-Johansen
- 5 The Changing Relationship Between Autonomic Control and Haemodynamics of Hypertension, 77
S. Julius
- 6 The Arterial System in Human Hypertension, 85
M.E. Safar & G.M. London
- 7 Resistance Vessels in Hypertension, 103
M.J. Mulvany
- 8 Vascular Smooth Muscle Contraction, 120
A: Membrane Biochemistry, 120
R.I. Norman
B: Second Messenger Systems, 131
R.A.J. Challiss & D.W. Gray
C: Mechanism of Contraction in Vascular Smooth Muscle, 139
R.A. Murphy
D: Local Relaxant and Constricting Factors in the Vessel Wall, 145
T.F. Lüscher

- 9 Perturbations of Cell Membranes, 160
 - A: Perturbation of Blood Cell and Platelet Membranes in Human Essential Hypertension, 160
S.J. Carr & T.H. Thomas
 - B: Disturbances of Vascular Smooth Muscle Cation Transport and the Pathogenesis of Hypertension, 175
A. Bobik, C.B. Neylon & P.J. Little
 - C: Vascular Smooth Muscle Regulation by Calcium, Magnesium and Potassium in Hypertension, 188
N.J. Rusch & T.A. Kotchen
 - 10 Vascular Growth and Hypertension, 200
H.A.J. Struijker Boudier
 - 11 Renin-Angiotensin System, 214
 - A: Molecular Biology and Biochemistry of the Renin-Angiotensin System, 214
M. Bader, M. Paul, M. Fernandez-Alfonso, M. Kaling & D. Ganten
 - B: Renin Secretion and its Regulation, 232
E. Hackenthal & R. Nobiling
 - C: Cellular Mechanisms of Angiotensin II Action, 244
K.K. Griendling & R.W. Alexander
 - D: Extrarenal Renin-Angiotensin Systems, 253
N.J. Samani
 - 12 Atrial Natriuretic Peptides, 273
G.A. Sagnella & G.A. MacGregor
 - 13 Other Peptide and Related Systems, 289
 - A: Neuropeptide Y (NPY), Vaso-active Intestinal Peptide (VIP), Calcitonin Gene-related Peptide (CGRP), Substance P and Tachykinins, 289
A.D. Hughes
 - B: Parathormone/Parathormone-like Substances, 298
P.K.T. Pang
 - C: Adenosine, 302
A.D. Hughes
 - D: Serotonin, 307
A.D. Hughes
 - 14 Eicosanoids, 314
J. Quilley & J.C. McGiff
 - 15 The Kallikrein-Kinin System as a Regulator of Cardiovascular and Renal Function, 328
O.A. Carretero & A.G. Scicli
 - 16 Renomedullary Vasodepressor Lipid: Medullipin, 341
E.E. Muirhead
 - 17 Role of Sodium and Fluid Excretion in Hypertension, 360
J.E. Hall & J.P. Granger
 - 18 Adrenal Steroids, 388
J.W. Funder
 - 19 Arterial Baroreflexes and Other Cardiovascular Reflexes in Hypertension, 397
G. Grassi & G. Mancia
 - 20 Central Nervous Control of Blood Pressure, 409
J. Chalmers, L. Arnold, I. Llewellyn-Smith, J. Minson & P. Pilowsky
 - 21 Autonomic Nervous System in Hypertension, 427
B. Folkow
- Part 3: Pathogenesis**
- / 22 Genetic Models of Hypertension, 441
 - A: Development of Hypertension Strains, 441
T.W. Kurtz, E.M. St Lezin & M. Pravenec
 - B: The Spontaneously Hypertensive Rat, 447
Y. Yamori & J.D. Swales
 - C: Lyon Strains, 455
M. Vincent & J. Sassard
 - D: The Milan Hypertensive Strain of Rats, 457
G. Bianchi, B.R. Barber, L. Torielli & P. Ferrari
 - E: The New Zealand Genetically Hypertensive Strain of Rats, 461
F.O. Simpson, E.L. Phelan & J.M. Ledingham
 - F: Dahl Salt-sensitive and Salt-resistant Rats, 465
J.P. Rapp
 - G: Transgenic Animal Models for Hypertension, 469
M. Paul, J. Wagner, M. Bader & D. Ganten
 - 23 Experimental Models of Hypertension, 477
 - A: Goldblatt, Coarctation and Page Experimental Models of Renovascular Hypertension, 477
H. Thurston
 - B: Experimental Steroid-induced Hypertension, 494
C.J. Kenyon & J.J. Morton
 - C: Adrenal Regeneration Hypertension, 500
C.J. Kenyon
 - 24 Genetic Approaches to Hypertension, 504
S.B. Harrap

- 25 Genetic Factors in Human Hypertension, 519
S.C. Hunt & R.R. Williams

- 26 Electrolyte Intake and Human Hypertension, 539
A: Sodium and Potassium, 539
D.E. Grobbee

- B: Calcium and Magnesium, 551
F.P. Cappuccio

- 27 Alcohol Intake and Blood Pressure, 567
R. Vandongen & I.B. Puddey

- 28 Obesity, 576
M.L. Tuck

- 29 Exercise, 593
G.L. Jennings & B.A. Kingwell

- 30 Dietary Fats and Blood Pressure, 605
M.C. Morris & F.M. Sacks

- 31 Vegetarian Diets, Protein and Fibre, 619
V. Burke, L.J. Beilin & S. Sciarra

- 32 Psychosocial Stress and Hypertension, 633
A: The Relevance of Animal Studies, 633
J.P. Henry
B: Clinical and Experimental Evidence, 640
T.G. Pickering

- 33 Overview of Essential Hypertension, 655
J.D. Swales

Part 4: Target Organ Damage

- 34 The Effects of Hypertension on the Structure of Human Resistance Vessels, 663
G.B.M. Lindop

- 35 Pathogenesis of Atheroma, 670
J.H. Campbell & G.R. Campbell

- 36 Cerebrovascular Disease, 682
A: Cerebrovascular Disease in Experimental Models of Hypertension, 682
G.L. Baumbach & D.D. Heistad
B: Hypertension and Human Cerebrovascular Disease, 690
S. Strandgaard & O.B. Paulson

- 37 The Kidney in Hypertension, 698
P.W. de Leeuw, C.A. Gaillard & W.H. Birkenhäger

- 38 The Heart in Hypertension, 712
B.E. Strauer, W. Motz, B. Schwartzkopff, E. Vester, M. Leschke & S. Scheler

Part 5: Special Groups

- 39 Subgroups of Hypertension, 735
A: Renin Subgroups in Hypertension, 735
B.R. Walker & P.L. Padfield
B: Hyperadrenergic and 'Labile' Hypertension, 741
M. Esler

- 40 Hypertension in Children, 750
R.J. Prineas & A.R. Smaiko

- 41 Hypertension in Pregnancy, 767
C.W.G. Redman

- 42 Hypertension, Insulin Resistance and Diabetes, 785
E. Ferrannini & A. Natali

- 43 Hypertension in Renal Failure, 798
M.E. Edmunds & G.I. Russell

- 44 Hypertension in Ethnic Subgroups, 811
N.M. Kaplan & C. Venkata S. Ram

Part 6: Secondary Hypertension

- 45 Renal and Renovascular Hypertension, 831
R. Wilkinson

- 46 Renin-secreting Tumours, 858
A. Mimran

- 47 Primary Aldosteronism and Other Forms of Mineralocorticoid Hypertension, 865
R.D. Gordon, M. Stowasser, S.A. Klemm & T.J. Tunny

- 48 Cushing's Syndrome and Hypertension, 893
J.A. Whitworth

- 49 Oral Contraceptives, Hormone Replacement Therapy and Hypertension, 904
R.J. Weir

- 50 Drug-induced Hypertension, 923
L.M.H. Wing & A.L. Tonkin

- 51 Pheochromocytoma: a Clinical Overview, 941
W.M. Manger & R.W. Gifford, Jr

- 52 Endocrine Hypertension: Thyroid Disease and Acromegaly, 959
J.M.C. Connell & D.L. Davies
 - 53 Coarctation of the Aorta, 969
P.W. de Leeuw & W.H. Birkenhäger
 - 54 Hypertension and Central Nervous System Disease, 980
C.J. Dickinson
- Part 7: Clinical Assessment**
- 55 Blood Pressure Measurement, 989
E. O'Brien
 - 56 Clinical Assessment of the Hypertensive Patient, 1009
S.G. Ball
 - 57 The Eye in Hypertension, 1015
V. Patel & E.M. Kohner
 - 58 Investigating the Hypertensive Patient: an Overview, 1026
A.F. Lever & J.D. Swales
- Part 8: Treatment**
- 59 Centrally Acting Drugs, 1033
W.J. Louis, C.J. O'Callaghan, P.R. King, E.L. Conway & L.G. Howes
 - 60 Diuretics, 1046
L.E. Ramsay, W.W. Yeo, I.G. Chadwick & P.R. Jackson
 - 61 Beta-blockers, 1059
J.M. Cruickshank & B.N.C. Prichard
 - 62 Alpha-adrenoceptor Antagonists, 1089
V.V. Panfilov & J.L. Reid
 - 63 Vasodilators, 1104
J.D. Swales
 - 64 Calcium Antagonists, 1111
J.D. Swales
 - 65 Angiotensin-converting Enzyme Inhibitors, 1115
P. Gohlke & T. Unger
 - 66 Renin Inhibitors, Angiotensin II Antagonists and Neutral Endopeptidase Inhibitors, 1128
M. Burnier, B. Waeber & H.R. Brunner
 - 67 Combination Therapy in the Treatment of Hypertension, 1142
L. Hansson & A. Himmelmann
 - 68 Interactions between Antihypertensive Drugs and Other Medications, 1150
H.L. Elliott
 - 69 Antihypertensive Drug Therapy: Effects on Stroke and Coronary Heart Disease, 1156
R. Collins & R. Peto
 - 70 Non-pharmacological Management of Hypertension, 1165
L.J. Beilin
 - 71 The Target Blood Pressure when Treating Hypertension – the Role of the J-shaped Curve, 1178
L. Hansson
 - 72 Management of Hypertension in the Elderly, 1182
A: Assessment and Non-pharmacological Treatment of the Elderly Hypertensive, 1182
J.F. Potter
B: Drug Treatment of Hypertension in the Elderly, 1186
L. Thijs, R. Van Hoof, J. Staessen, R. Fagard, H. Celis & A. Amery
 - 73 Guidelines for Treating Hypertension, 1195
An Overview, 1195
J.D. Swales
A: World Health Organization and International Society of Hypertension Guidelines for the Management of Mild Hypertension, 1198
A. Zanchetti
B: The United States Joint National Committee's Recommendations: its Fifth Report (1992), 1203
E.D. Frohlich
C: Europe and Australia, 1210
G.T. McInnes & G.S. Stergiou
D: Third World, 1217
O.O. Akinkugbe
 - 74 Preparing the Hypertensive Patient for Anaesthesia and Surgery, 1222
W.R. Harvey & C. Prys-Roberts

75 Hypertensive Emergencies, 1233

A: Malignant Hypertension and Hypertensive
Encephalopathy, 1233
C.G. Isles

B: Left Ventricular Failure and Aortic Dissection, 1248
J.R. Lawrence

Part 9: The Hypertensive Patient in Society

76 Hypertension in an Unequal World, 1263
J.D. Swales

77 Compliance, Labelling and Hypertension, 1267
A.G. Logan & M.J. Irvine

78 Quality of Life on Antihypertensive Treatment, 1283
A.E. Fletcher & C.J. Bulpitt

79 Economic Evaluation of Hypertension Treatment —
Methods and Empirical Results, 1292
M. Johannesson

Index, 1303

Plates, facing p. 864