ntents.

				Page
Fo	rewor	ď		V
Pro	eface			VII
Ac	know	ledgem	nents	VII
1.	Intr	oductio	on	1
2.	Gen	eral co	nsiderations for national programme development	5
3.	Goa	ls for n	ational diabetes programmes	7
4.	Prej	paring a	a medium and long-term programme for diabetes mellitus	. 9
	4.1	Situat	ional analysis	10
	4.2	Programme planning – objectives and strategies for medium and long-term programmes		
		4.2.1	Forming a diabetes advisory committee	20
		4.2.2	Developing the programme infrastructure	21
		4.2.3	Developing diabetes teams, units and centres	22
		4.2.4	Developing programme priorities, objectives and budget	25
5.	Imp	lement	ing the diabetes programme	29
	5.1	1 Preparing to implement the diabetes programme		
	5.2	.2 Coordinating national, provincial and local diabetes programme implementation		29
	5.3	Implementing minimum standards of care by diabetes teams, units and centres		31
		5.3.1	Primary prevention	31
		5.3.2	Secondary prevention	32
		5.3.3	Tertiary prevention	34
		5.3.4	Rehabilitation and special assistance services	35
	5.4	4 Diabetes research		
	5.5	5 Implementing a diabetes surveillance system		36

		. P	age	
6.	Programi	me evaluation	39	
7.	Adapting the WHO national programme guidelines to the local situation 4			
8.	Reference	es	43	
9.	Glossary		47	
10.	Annex 1	42nd World Health Assembly resolution on prevention and control of diabetes mellitus	49	
	Annex 2	Diagnostic values for the oral glucose tolerance test	51	
	Annex 3	Sample patient registry format and coding instructions	53	
	Annex 4	Tenth revision of international statistical classification of diseases and released problems, diabetes mellitus	57	
	Annex 5	The St. Vincent Declaration	61	
	Annex 6	Projecting annual outpatient clinical services by area for individuals with diabetes: Reformatted ADA standards of medical care for patients with diabetes mellitus	63	
	Annex 7	WHO managerial process for national health development	65	
	Annex 8	Outline of a national diabetes programme plan	67	